



UNIVERSITÀ DEGLI STUDI DI PALERMO

DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
ACADEMIC YEAR	2022/2023		
MASTER'S DEGREE (MSC)	CLINICAL PSYCHOLOGY		
SUBJECT	THEORY AND TECHNIQUE OF CLINICAL INTERVENTION WITH FAMILIES		
TYPE OF EDUCATIONAL ACTIVITY	D		
AMBIT	20670-A scelta dello studente		
CODE	13233		
SCIENTIFIC SECTOR(S)	M-PSI/07		
HEAD PROFESSOR(S)	SALERNO ALESSANDRA	Professore Associato	Univ. di PALERMO
OTHER PROFESSOR(S)			
CREDITS	6		
INDIVIDUAL STUDY (Hrs)	110		
COURSE ACTIVITY (Hrs)	40		
PROPAEDEUTICAL SUBJECTS			
MUTUALIZATION			
YEAR	2		
TERM (SEMESTER)	2° semester		
ATTENDANCE	Not mandatory		
EVALUATION	Out of 30		
TEACHER OFFICE HOURS	SALERNO ALESSANDRA Wednesday 09:00 - 10:00 Edificio 15, stanza 009, sesto piano. E' necessario prenotarsi e comunicarlo alla prof. Salerno attraverso l'email alessandra.salerno@unipa.it		

DOCENTE: Prof.ssa ALESSANDRA SALERNO

PREREQUISITES	In order to understand the content and the learning objectives of the course, the student must possess knowledge in the field of family psychology
LEARNING OUTCOMES	<p>Knowledge and understanding: Knowledge of main theories and techniques of clinical intervention with families. Ability to identify the most suitable areas of application for the different types of intervention.</p> <p>Applying knowledge and understanding: Ability to outline with autonomy a possible context of intervention with the family, identifying the reference theoretical model, clinical tools and the suitable measures for the evaluation and observation, in reference to the family life cycle and the relative critical event.</p> <p>Making judgements: Ability to work independently, with a critical and aware approach, demonstrating to know how to integrate different approach to the clinical study of family with critical and independent thought.</p> <p>Communication: Acquisition of skills' description and synthesis and use of an appropriate psychological lexicon.</p> <p>Lifelong learning skills: Ability to understand the normative and non-normative family dynamics; ability to identify family contexts of risk and resilience factors; achieving an expertise in scientific literature consultation in the field of family psychodynamics, with particular reference to family dynamics evaluation and observation methodologies.</p>
ASSESSMENT METHODS	<p>Learning will be assessed by an oral exam which will consist of an interview that is to ascertain the possession of skills and subject knowledge provided by the course.</p> <p>In particular, questions will regard methods and observation techniques of family contexts, with particular attention to families who need for clinical intervention; the main systemic-relational theories and research tools for new family typologies; the family life cycle, normative and non-normative development tasks and the possible clinical contexts involving the couple and/or the family. The candidate will have to answer at least three questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student: has knowledge and understanding about the most important theories and techniques for clinical intervention on families, has acquired interpretive competence and judgment autonomy in the assessment of clinical cases, is able to outline autonomously a possible context of intervention on the family, by identifying the theoretical reference model, the clinical tools and the most suitable evaluation and observation techniques, demonstrates the ability to know normative and paranormal family dynamics and is able to identify the contexts of risk for family and the factors of resilience.</p> <p>The pass mark (range 18-23/30) will be reached when the student shows knowledge and understanding of the subjects at least in general terms; he/she will also have presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Below this threshold, the examination will be insufficient. The more, however, the student will be able to find own connections between the topics of the course and be able to go into detail on the subject of discipline, the more the assessment is positive (range 24-30/30). The assessment is carried out of thirty.</p> <p>The final vote determination takes into account the following aspects:</p> <ol style="list-style-type: none">1. In-depth knowledge of the subject issues, ability to link the various topics and to refer to the contents of all textbooks and lessons.2. Achievement of the objectives provided by Dublin descriptors3. Presence and active participation during the lessons. <p>For "Erasmus incoming" students it will be possible to take the exam in English.</p>
EDUCATIONAL OBJECTIVES	<p>Main objective of the course is the study of methods and observation techniques of family contexts, with particular attention to families who need for clinical intervention. It will be deepened the various systemic-relational theories and research tools for new family typologies. Starting from the study of the family life cycle, normative and non-normative development tasks will be deepened and it will be explored the possible clinical contexts involving the couple and/or the family in each phase.</p> <p>Aims of the course are the methodologies for couple and family assessment and consultation. The implementation of individual and family-oriented psychological- clinical interventions according to a systemic-relational perspective as well as psychological/clinical evaluation, diagnosis, context analysis, setting and individual and family dimensions.</p> <p>The course aims at contribute to the achievement of the Educational Objectives of the Degree Course in line with the professional profiles and employment opportunities. In particular through the knowledge of clinical-relational interventions methodologies and the learning of the ability to provide therapeutic indications, to carry out studies on the efficacy and applicability of interventions</p>

	in different care settings.
TEACHING METHODS	Lessons accompanied by slides downloadable from the site. Experiential seminars related to different fields (for example, methodology of clinical intervention with families, observation techniques, family system therapy).
SUGGESTED BIBLIOGRAPHY	<p>Testi obbligatori:</p> <p>Andolfi M. (2015). La terapia familiare multigenerazionale. Strumenti e risorse del terapeuta. Raffaello Cortina, Milano, ISBN: 978-88-6030-789-7, qualsiasi edizione.</p> <p>Salerno A., Tosto M., (a cura di) (2019), Gli scenari della paternita' nella psicologia contemporanea. Sfide, fragilita, orizzonti. FrancoAngeli, Milano, ISBN: 978-88-917-8234-2, qualsiasi edizione.</p> <p>Andolfi, M. (2013), Engaging Fathers in Family Therapy with Violent Adolescents, Australian and New Zealand Journal of Family Therapy, 34, 172–185 (articolo fornito dalla docente).</p> <p>Un testo a scelta tra i seguenti:</p> <p>Salerno A., Merenda A. (2022), Nuove coppie, nuove unioni. Psicologia delle relazioni amorose moderne, Franco Angeli, Milano, ISBN: 978-88-351-2184-8, qualsiasi edizione.</p> <p>Minuchin S. (1977). Famiglie e terapia della famiglia. Astrolabio, Roma, ISBN: 88-340-0094-3, qualsiasi edizione.</p> <p>La Mesa A., Rago N., Daniele A. (2016). Se un figlio dichiara la propria omosessualita. Cinque ipotesi di lavoro con le famiglie. FrancoAngeli, Milano, ISBN: 978-88-917-4029-8, qualsiasi edizione.</p> <p>Mazzoni S., Andolfi M., Mascellani A. (2021). La ferita familiare del divorzio, Franco Angeli, Milano, ISBN: 978-88-351-0966-2, qualsiasi edizione.</p> <p>Andolfi M., Mascellani A. (2010). Storie di adolescenza. Esperienze di terapia familiare. Raffaello Cortina, Milano, ISBN: 978-88-6030-347-9, qualsiasi edizione.</p> <p>Salerno A., Giuliano, S. (2012), La violenza indicibile. L'aggressivita' femminile nelle relazioni interpersonali, FrancoAngeli, Milano, ISBN: 978-88-204-1141-1, qualsiasi edizione.</p> <p>Andolfi M., Mascellani, A., Salerno, A. (2022). La magia del bambino in terapia familiare, Accademic Press, Roma, ISBN: 979-12-210-0469-4.</p>

SYLLABUS

Hrs	Frontal teaching
3	Introduction of the main topics of the course
4	The family life cycle. Critical events and developmental tasks
3	The systemic-relational theory. Subsystems and boundaries.
2	Techniques and methods of clinical intervention with family
3	Minchin's structural structural family theory. M. Andolfi's transgenerational approach. V. Cigoli's relational-symbolic paradigm
3	Marital conflict and its effects on children
3	Clinical intervention on separated family: the divorce mediation
3	Family violence. Intimate Partner Violence and Children exposed to parental violence
2	Homoparenting. Development and social relationships in children of same sex couples
2	Family functioning dimensions: adaptability, flexibility and communication
2	The evaluation of parents-child relations: self-report, graphic projective techniques, evaluation scales, questionnaires
2	The adoptive family. Couple evaluation, matching, post-adoption phase.
2	Pregnancy in adolescence. Dynamic of a double transition
3	Couple psycho-therapy. The demand analysis and the intervention areas
3	Systemic-relational therapy techniques: genogram and family sculpture