



UNIVERSITÀ DEGLI STUDI DI PALERMO

DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione
ACADEMIC YEAR	2022/2023
BACHELOR'S DEGREE (BSC)	PHYSICAL EDUCATION AND SPORT SCIENCES
SUBJECT	THEORY, TECHNIQUE AND TEACHING METHODOLOGY OF ADAPTED MOTORIAL ACTIVITY
TYPE OF EDUCATIONAL ACTIVITY	C
AMBIT	10683-Attività formative affini o integrative
CODE	19958
SCIENTIFIC SECTOR(S)	M-EDF/01
HEAD PROFESSOR(S)	BATTAGLIA GIUSEPPE Professore Associato Univ. di PALERMO
OTHER PROFESSOR(S)	
CREDITS	6
INDIVIDUAL STUDY (Hrs)	108
COURSE ACTIVITY (Hrs)	42
PROPAEDEUTICAL SUBJECTS	
MUTUALIZATION	
YEAR	3
TERM (SEMESTER)	1° semester
ATTENDANCE	Not mandatory
EVALUATION	Out of 30
TEACHER OFFICE HOURS	BATTAGLIA GIUSEPPE Tuesday 10:00 12:30 Si informano i prenotati che il ricevimento studenti si svolgera tramite Microsoft teams collegandosi a RICEVIMENTO STUDENTI PROF. G BATTAGLIA utilizzando il seguente codice di accesso.: 5b3x17r

DOCENTE: Prof. GIUSEPPE BATTAGLIA

PREREQUISITES	All students interested to this course must know as prerequisite the fundamentals of training periodization in sports, applied human anatomy and physiology with particular focus on on musculoskeletal system. Fundamentals od posture and biomechanics.
LEARNING OUTCOMES	Adequate knowledge of scientific terminology and theoretical comprehension of texts and scientific publications regarding the contents specified below. Methodological application skills and competences, such as to allow graduates to deal with technical problems, with particular reference to the structuring of training programs. Ability in oral, written and multimedia communication with a complete exposition of one's own thoughts to exchange general information, data presentation, dialogue with experts from other sectors and consequent ability to work in groups.
ASSESSMENT METHODS	The exam is an oral exam aimed at verifying the competences and skills to be acquired at the end of the course. The purpose of the questions is to verify knowledge of contents to be acquired at the end of the course, as well as analytical and expository skills. Knowledge check includes scrutiny of the capability to establish relationships between contents, theories, patterns and methodologies which have been an object of study during the course. As far as analytical skills are concerned, check will aim at verifying at least one of the following goals: - S\he can give judgements and opinions about the disciplinary contents - S\he can understand applications and/or implications of the disciplinary contents within the specific discipline of reference - S\he can set the disciplinary contents within the professional, technological and sociocultural setting of reference. The student will have to answer at least two\three questions in the oral form about aspects of the syllabus with reference to the suggested textbooks. The exam aims at verifying knowledge and understanding of topics, interpretative competence and autonomy of judgement of concrete cases. The passing grade threshold will be considered reached if the student shows to have acquired the topics of the specific subject matter and is able to solve specific concrete cases as well as to correctly convey knowledge with satisfactory expository skills. Below the above-mentioned threshold, the exam will be considered unsatisfactory. The more the student can interact with his\her examiner showing mastery of language, of the specific subject matter and ability to convey his\her knowledge of the topics of the specific field of reference, the more the assessment will be positive. The latter will be expressed by 18 to 30-30 with honours marks. A face to face interview will be provided to the students. A number of 3-4 questions will be administered according to the course topic and the learning outcomes. The assessment has a final grade included in the following range: 30-30 with honours (excellent), corresponding to 'excellent knowledge of topics, excellent use of language, good analytical skills, the student can implement his\her knowledge to solve the submitted issues'; 26-29 (very good), 'good mastery of topics, very good use of language, the student can implement his\her knowledge in order to solve the submitted issues'; 24-25 (good), corresponding to 'basic knowledge of the main topics, fair use of language, with moderate capability to independently implement knowledge to solve the submitted issues'; 21-23 (satisfactory), 's\he doesn't possess full mastery of the main teaching topics but s\he possesses knowledge of them, satisfactory use of language, poor capability to independently implement the acquired knowledge'; 18-20 (passing grade), 'very poor basic knowledge of both the main teaching topics and the technical language, no or very poor capability to independently implement the acquired knowlege'; unsatisfactory, 's\he doesn't possess an acceptable knowledge of the contents of the topics dealt with during the course'.
EDUCATIONAL OBJECTIVES	The course aims to provide knowledge about the classification and health protection of motor and sports activities in subjects with disability. In addition, the course studies the main diseases of different organs and systems that affect the performance in disabled people.
TEACHING METHODS	The course provide frontal and remotely lectures, exercises and case studies.
SUGGESTED BIBLIOGRAPHY	Luigi Bertini – Attivita' sportive Adattate - Calzetti Mariucci editore, 2005 Dispense del docente

SYLLABUS

Hrs	Frontal teaching
3	Presentation of the course. Historical notes, national and international bodies
3	The classification of disability: physical-motor disabilities
3	Le classificazione della disabilita: disabilita' sensoriali
3	The classification of disability: intellectual disabilities and relational
3	Objectives of physical activity and adapted sports. Adapted physical activity in school.
3	The Wheelchair basketball
4	The organization of a lesson in adapted physical activity in the gym. Exercises

SYLLABUS

Hrs	Frontal teaching
4	The Wheelchair basketball. Exercises
4	A lesson of adapted physical activities for people with sensory disabilities. Exercises
4	A lesson of physical activity for people with intellectual disabilities. Exercises
4	A lesson of adapted physical activity for individuals with physical disabilities. Exercises
4	The methodological principles: facilitating and limiting factors of the adapted physical activity