

## UNIVERSITÀ DEGLI STUDI DI PALERMO

ACADEMIC YEAR2021/2022MASTER'S DEGREE (MSC)SCIENCE OF PREVENTIVE AND ADAPTED PHYSICAL ACTIVITY AND SPORT PERFORMANCESUBJECTFIRST AID DURING SPORT ACTIVITIESTYPE OF EDUCATIONAL ACTIVITYDAMBIT20734-A scelta dello studenteCODE19821SCIENTIFIC SECTOR(S)MED/18HEAD PROFESSOR(S)LEONARDI VINCENZA RicercatoreOTHER PROFESSOR(S)28PROPAEDEUTICAL SUBJECTS28PROPAEDEUTICAL SUBJECTS1° semesterMUTUALIZATION2YEAR2ATTENDANCENot mandatoryEVALUATIONOut of 30		
MASTER'S DEGREE (MSC)SCIENCE OF PREVENTIVE AND ADAPTED PHYSICAL ACTIVITY AND SPORT PERFORMANCESUBJECTFIRST AID DURING SPORT ACTIVITIESTYPE OF EDUCATIONAL ACTIVITYDAMBIT20734-A scelta dello studenteCODE19821SCIENTIFIC SECTOR(S)MED/18HEAD PROFESSOR(S)LEONARDI VINCENZA RicercatoreOTHER PROFESSOR(S)72COURSE ACTIVITY (Hrs)28PROPAEDEUTICAL SUBJECTS1° semesterMUTUALIZATION1° semesterYEAR2TERM (SEMESTER)1° s0ATTENDANCENot mandatoryEVALUATIONUt of 30TEACHER OFFICE HOURSLEONARDI VINCENZA	DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione
SPORT PERFORMANCESUBJECTFIRST AID DURING SPORT ACTIVITIESTYPE OF EDUCATIONAL ACTIVITYDAMBIT20734-A scelta dello studenteCODE19821SCIENTIFIC SECTOR(S)MED/18HEAD PROFESSOR(S)LEONARDI VINCENZA RicercatoreUniv. di PALERMOOTHER PROFESSOR(S)4INDIVIDUAL STUDY (Hrs)72COURSE ACTIVITY (Hrs)28PROPAEDEUTICAL SUBJECTS1° semesterMUTUALIZATION2YEAR2TERM (SEMESTER)1° semesterATTENDANCENot mandatoryEVALUATIONOut of 30TEACHER OFFICE HOURSLEONARDI VINCENZA	ACADEMIC YEAR	2021/2022
TYPE OF EDUCATIONAL ACTIVITY   D     AMBIT   20734-A scelta dello studente     CODE   19821     SCIENTIFIC SECTOR(S)   MED/18     HEAD PROFESSOR(S)   LEONARDI VINCENZA Ricercatore   Univ. di PALERMO     OTHER PROFESSOR(S)   LEONARDI VINCENZA Ricercatore   Univ. di PALERMO     OTHER PROFESSOR(S)   4   CREDITS   4     INDIVIDUAL STUDY (Hrs)   72   COURSE ACTIVITY (Hrs)   28     PROPAEDEUTICAL SUBJECTS   MUTUALIZATION   1   1     YEAR   2   1° semester   1     ATTENDANCE   Not mandatory   10 out of 30   1     EVALUATION   Out of 30   1   1	MASTER'S DEGREE (MSC)	
AMBIT   20734-A scelta dello studente     CODE   19821     SCIENTIFIC SECTOR(S)   MED/18     HEAD PROFESSOR(S)   LEONARDI VINCENZA Ricercatore   Univ. di PALERMO     OTHER PROFESSOR(S)   EOURSE   4     INDIVIDUAL STUDY (Hrs)   72   72     COURSE ACTIVITY (Hrs)   28   PROPAEDEUTICAL SUBJECTS     MUTUALIZATION   2   1º semester     ATTENDANCE   Not mandatory   4     EVALUATION   Out of 30   10 out of 30	SUBJECT	FIRST AID DURING SPORT ACTIVITIES
CODE19821SCIENTIFIC SECTOR(S)MED/18HEAD PROFESSOR(S)LEONARDI VINCENZA RicercatoreUniv. di PALERMOOTHER PROFESSOR(S)CREDITS4INDIVIDUAL STUDY (Hrs)72COURSE ACTIVITY (Hrs)28PROPAEDEUTICAL SUBJECTSMUTUALIZATIONYEAR2YEAR2Term (SEMESTER)1° semesterATTENDANCENot mandatoryOut of 30EVALUATIONLEONARDI VINCENZA	TYPE OF EDUCATIONAL ACTIVITY	D
SCIENTIFIC SECTOR(S) MED/18   HEAD PROFESSOR(S) LEONARDI VINCENZA Ricercatore Univ. di PALERMO   OTHER PROFESSOR(S) CREDITS 4   INDIVIDUAL STUDY (Hrs) 72 COURSE ACTIVITY (Hrs)   COURSE ACTIVITY (Hrs) 28   PROPAEDEUTICAL SUBJECTS MUTUALIZATION   YEAR 2   TERM (SEMESTER) 1° semester   ATTENDANCE Not mandatory   EVALUATION Out of 30   TEACHER OFFICE HOURS LEONARDI VINCENZA	AMBIT	20734-A scelta dello studente
HEAD PROFESSOR(S)   LEONARDI VINCENZA Ricercatore   Univ. di PALERMO     OTHER PROFESSOR(S)   4     CREDITS   4     INDIVIDUAL STUDY (Hrs)   72     COURSE ACTIVITY (Hrs)   28     PROPAEDEUTICAL SUBJECTS   4     MUTUALIZATION   2     YEAR   2     TERM (SEMESTER)   1° semester     ATTENDANCE   Not mandatory     EVALUATION   Out of 30     TEACHER OFFICE HOURS   LEONARDI VINCENZA	CODE	19821
OTHER PROFESSOR(S)CREDITS4INDIVIDUAL STUDY (Hrs)72COURSE ACTIVITY (Hrs)28PROPAEDEUTICAL SUBJECTSMUTUALIZATIONYEAR2TERM (SEMESTER)1° semesterATTENDANCENot mandatoryEVALUATIONOut of 30TEACHER OFFICE HOURSLEONARDI VINCENZA	SCIENTIFIC SECTOR(S)	MED/18
CREDITS4INDIVIDUAL STUDY (Hrs)72COURSE ACTIVITY (Hrs)28PROPAEDEUTICAL SUBJECTS0MUTUALIZATION2YEAR2TERM (SEMESTER)1° semesterATTENDANCENot mandatoryEVALUATION0ut of 30TEACHER OFFICE HOURSLEONARDI VINCENZA	HEAD PROFESSOR(S)	LEONARDI VINCENZA Ricercatore Univ. di PALERMO
INDIVIDUAL STUDY (Hrs)   72     COURSE ACTIVITY (Hrs)   28     PROPAEDEUTICAL SUBJECTS      MUTUALIZATION   2     YEAR   2     TERM (SEMESTER)   1° semester     ATTENDANCE   Not mandatory     EVALUATION   Out of 30     TEACHER OFFICE HOURS   LEONARDI VINCENZA	OTHER PROFESSOR(S)	
COURSE ACTIVITY (Hrs)   28     PROPAEDEUTICAL SUBJECTS   0     MUTUALIZATION   0     YEAR   2     TERM (SEMESTER)   1° semester     ATTENDANCE   Not mandatory     EVALUATION   0ut of 30     TEACHER OFFICE HOURS   LEONARDI VINCENZA	CREDITS	4
PROPAEDEUTICAL SUBJECTS     MUTUALIZATION     YEAR     2     TERM (SEMESTER)     1° semester     ATTENDANCE     EVALUATION     Out of 30     TEACHER OFFICE HOURS	INDIVIDUAL STUDY (Hrs)	72
MUTUALIZATION 2   YEAR 2   TERM (SEMESTER) 1° semester   ATTENDANCE Not mandatory   EVALUATION Out of 30   TEACHER OFFICE HOURS LEONARDI VINCENZA	COURSE ACTIVITY (Hrs)	28
YEAR 2   TERM (SEMESTER) 1° semester   ATTENDANCE Not mandatory   EVALUATION Out of 30   TEACHER OFFICE HOURS LEONARDI VINCENZA	PROPAEDEUTICAL SUBJECTS	
TERM (SEMESTER)   1° semester     ATTENDANCE   Not mandatory     EVALUATION   Out of 30     TEACHER OFFICE HOURS   LEONARDI VINCENZA	MUTUALIZATION	
ATTENDANCE Not mandatory   EVALUATION Out of 30   TEACHER OFFICE HOURS LEONARDI VINCENZA	YEAR	2
EVALUATION Out of 30   TEACHER OFFICE HOURS LEONARDI VINCENZA	TERM (SEMESTER)	1° semester
TEACHER OFFICE HOURS LEONARDI VINCENZA	ATTENDANCE	Not mandatory
	EVALUATION	Out of 30
Thursday 10:00 12:00 Facolta di scienze motorie, via Pascoli	TEACHER OFFICE HOURS	LEONARDI VINCENZA
		Thursday 10:00 12:00 Facolta di scienze motorie, via Pascoli

## DOCENTE: Prof.ssa VINCENZA LEONARDI

PREREQUISITES	Nothing
LEARNING OUTCOMES	Knowledge and ability 'to understand . Knowledge of the equipment system of interaction and systems and understanding of the functional relationships between the organs that constitute them . Capacity ' to apply this knowledge and understanding . Gain a comprehensive view of the human body that integrates organs and systems and , in particular , understanding of the anatomical structures involved in emergency - emergency situations . Capacity ' to apply first aid techniques acquired .
ASSESSMENT METHODS	Written or oral exam and practical test
EDUCATIONAL OBJECTIVES	Organization's knowledge of the workings of the human body. Knowledge of first aid techniques and cardiopulmonary resuscitation
TEACHING METHODS	Lectures , practical exercises .
SUGGESTED BIBLIOGRAPHY	Felice Agro' : "Urgenze ed emergenze medico-chirurgiche" Edizione Minerva Medica

## **SYLLABUS**

Hrs	Frontal teaching
2	Introductory class, and verify of knowlegde about anatomy and phisiology of human body
4	Simple emergency: treatment of wounds and bleeding control ; use of bandages and wraps , trauma of the soft tissue and joint structures .
2	Complex emergency: Shock
3	Emergency trauma : Trauma of the limbs ( sprains, muscle strains, dislocations )
3	Cardiovascular and pulmonary emergencies : the precordial pain , heart attack , embolism, coronary syndromes .
2	Respiratory emergencies : foreign body suffocation , pulmonary edema , asthma habitus .
2	Injuries from physical agents : burns , electrocution, drowning, hypothermia
3	Foundamental principles of intervention in the emergency : The chain of survival , the maneuvers of BLS , the Triage , principles of pediatric intensive care
Hrs	Practice
10	Practical tests of adult and pediatric BLS , bandaging and dressings practical tests .