# UNIVERSITÀ DEGLI STUDI DI PALERMO

| DEPARTMENT | Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione |
|---|---|
| ACADEMIC YEAR | 2021/2022 |
| BACHELOR'S DEGREE (BSC) | PSYCHOLOGICAL SCIENCES AND TECHNIQUES |
| SUBJECT | DYNAMIC PSYCHOLOGY |
| TYPE OF EDUCATIONAL ACTIVITY | B |
| AMBIT | 50114-Psicologia dinamica e clinica |
| CODE | 06083 |
| SCIENTIFIC SECTOR(S) | M-PSI/07 |
| HEAD PROFESSOR(S) | MIANO PAOLA  Professore Associato  Univ. di PALERMO<br>EPIFANIO MARIA STELLA  Professore Associato  Univ. di PALERMO |
| OTHER PROFESSOR(S) | |
| CREDITS | 10 |
| INDIVIDUAL STUDY (Hrs) | 190 |
| COURSE ACTIVITY (Hrs) | 60 |
| PROPAEDEUTICAL SUBJECTS | |
| MUTUALIZATION | |
| YEAR | 2 |
| TERM (SEMESTER) | 1° semester |
| ATTENDANCE | Not mandatory |
| EVALUATION | Out of 30 |
| TEACHER OFFICE HOURS | **EPIFANIO MARIA STELLA**<br>Wednesday 10:00 12:00  Campus universitario, edificio 15, piano 7, stanza 011. Il ricevimento studenti si tiene in modalita mista, in presenza e online. La docente resta raggiungibile tramite mail al seguente indirizzo: mariastella.epifanio@unipa.it oppure nel giorno e nell'orario indicato per il ricevimento in presenza e sulla piattaforma Microsoft Teams al Team Ricevimento Prof.ssa Epifanio, codice hfe7xxe<br><br>**MIANO PAOLA**<br>Thursday 16:00 17:00  il Dipartimento di Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione, edificio 15 - VI piano - stanza 009 - GIORNO E ORARIO VALIDI SOLO PER IL 16 MAGGIO |

**DOCENTE:** Prof.ssa MARIA STELLA EPIFANIO- *Lettere M-Z*

| PREREQUISITES | Students should have knowledges regarding to the history of psychology |
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| LEARNING OUTCOMES | Knowledge and understanding<br>Knowledge and understanding of the theories on dynamic psychology, with a particular emphasis on theories on mental functioning.<br>Applying knowledge and understanding<br>Application of theoretical and methodological skills to clinical contexts with regard to fundamental elements of various theories of dynamic psychology.<br>Making judgements<br>Acquisition of the capacity to work independently, with a critical and aware approach, demonstrating to know to take operational decisions in relation to the needs and the problems encountered in different situations.<br>Communication<br>Acquisition of skills of description and synthesis and use of an appropriate psychological lexicon.<br>Lifelong learning skills<br>Achieving an expertise in individual study. Achieving good ability to apply knowledge to solve concrete proposals situations |
| ASSESSMENT METHODS | The oral examination which will consist of an interview, must ascertain the possession of skills and subject knowledge provided by the course. The candidate will have to answer at least three/four questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student has knowledge and understanding of the topics as well as he/she has acquired the capacity to interpret and independent judgment of concrete cases.<br>The mark will be sufficient (between 18/30 and 21/30) and will be reached when the student shows basic knowledge and sufficient understanding of the subjects at least in general terms; he/she will also have sufficient presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. An average mark (between 22/30 and 26/30) and will be reached when the student shows good knowledge and good understanding of the subjects; he/she will also have good presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. The mark will be excellent (between 27/30 and 29/30) and will be reached when the student shows excellent knowledge and excellent understanding of the subjects; he/she will also have excellent presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Mark will be 30/30 cum laude if objectives will be optimally reached. Grades are expressed in thirtieths. Students who attend the course could, during the suspension of lessons, take a structured written exam. The exam, composed of at least 10 questions, will be aimed at assessing acquisitions reached during the course and it will last approximately one hour. Correct answers will have a score of 3; wrong answer will have a score of 0. Grades are expressed in thirtieths.<br>For students who take the written exam, final assessment is the average of written (20%) and oral (80%) grades. |
| EDUCATIONAL OBJECTIVES | The course will address the theories on dynamic psychology on mental functioning. The course will be taking into account the theoretical and methodological aspects. |
| TEACHING METHODS | lessons, educational workshop |
| SUGGESTED BIBLIOGRAPHY | 1- Lis - S. Stella - G.C. Zavattini, Manuale di psicologia dinamica, Bologna, Il Mulino1999 (CAP 1,2,4,5,6,7,9,10,11,12,13, 1416)<br>2 - Jung C.G. Gli archetipi dell'inconscio collettivo. Il concetto d'inconscio collettivo. Boringhieri, 1977<br>3 - Klein M., Riviere J., Amore, odio, riparazione. Astrolabio Ubaldini, 1969, ISBN 9788834000786.<br>4 - Bion W., Esperienze nei gruppi, Armando Editore, 2013 |

# SYLLABUS

| Hrs | Frontal teaching |
|---|---|
| 2 | Psychodynamic approach: an introduction |
| 8 | Freud S. - basic concepts and theoretical developments |
| 2 | Jung CG - The Analytic Psychology |
| 5 | theoretical developments of psychoanalisis |
| 5 | Ego Psychology: Anna Freud, Hartmann, Jacobson, Spitz, Mahler |
| 6 | Object Relation Theory: M. Klein. |
| 7 | Developments in the object relation theory: Fairbairn, Winnicott, Balint |
| 6 | Bion's mind model |
| 4 | Self-psychology: Heinz Kohut |
| 4 | Attachment Theory |
| 2 | The Sandler's concept of Representational world; The concept of "dynamic field": Baranger & Baranger |

# SYLLABUS

| Hrs | Frontal teaching |
|---|---|
| 5 | Borderline personality organization: Kernberg O. |
| 4 | motivational systems |

| PREREQUISITES | Students should have knowledges related to the history of psychology |
|---|---|
| **LEARNING OUTCOMES** | Knowledge and understanding<br>Knowledge and understanding of the theories on dynamic psychology, with a particular emphasis on theories on mental functioning.<br>Applying knowledge and understanding<br>Application of theoretical and methodological skills to clinical contexts with regard to fundamental elements of various theories of dynamic psychology.<br>Making judgements<br>Acquisition of the capacity to work independently, with a critical and aware approach, demonstrating to know to take operational decisions in relation to the needs and the problems encountered in different situations.<br>Communication<br>Acquisition of skills of description and synthesis and use of an appropriate psychological lexicon.<br>Lifelong learning skills<br>Achieving an expertise in individual study. Achieving good ability to apply knowledge to solve concrete proposals situations. |
| **ASSESSMENT METHODS** | The oral examination which will consist of an interview, must ascertain the possession of skills and subject knowledge provided by the course. The candidate will have to answer at least three/four questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student has knowledge and understanding of the topics as well as he/she has acquired the capacity to interpret and independent judgment of concrete cases.<br>The mark will be sufficient (between 18/30 and 21/30) and will be reached when the student shows basic knowledge and sufficient understanding of the subjects at least in general terms; he/she will also have sufficient presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. An average mark (between 22/30 and 26/30) and will be reached when the student shows good knowledge and good understanding of the subjects; he/she will also have good presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. The mark will be excellent (between 27/30 and 29/30) and will be reached when the student shows excellent knowledge and excellent understanding of the subjects; he/she will also have excellent presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Mark will be 30/30 cum laude if objectives will be optimally reached. Grades are expressed in thirtieths. Students who attend the course could, during the suspension of lessons, take a structured written exam. The exam, composed of at least 10 questions, will be aimed at assessing acquisitions reached during the course and it will last approximately one hour. Correct answers will have a score of 3; wrong answer will have a score of 0. Grades are expressed in thirtieths.<br>For students who take the written exam, final assessment is the average of written (20%) and oral (80%) grades. |
| **EDUCATIONAL OBJECTIVES** | The course will address the theories on dynamic psychology on mental functioning. The course will be taking into account the theoretical and methodological aspects and practical aspects. |
| **TEACHING METHODS** | Lessons |
| **SUGGESTED BIBLIOGRAPHY** | 1 - Lis - S. Stella - G.C. Zavattini, Manuale di psicologia dinamica, Bologna, Il Mulino1999 (CAP 1,2,3,4,5,6,7,9,10,11,12,16). ISBN: 9788815070982 qualsiasi edizione<br>2 - Jung C.G. Gli archetipi dell'inconscio collettivo. Il concetto d'inconscio collettivo. Boringhieri, 1977 ISBN: 8833902307qualsiasi edizione<br>3 - Klein M., Riviere J., Amore, odio e riparazione. Astrolabio Ubaldini 1969 ISBN 9788834000786 qualsiasi edizione<br>4 - Un caso clinico di Freud tra i seguenti:<br>Anna O.; Dora; Il piccolo Hans; Il presidente Schreber. (i casi si trovano nelle edizioni Bollati Boringhieri o pubblicati singolarmente o all'interno del volume CASI CLINICI - ISBN 9788833918976 qualsiasi edizione) |

## SYLLABUS

| Hrs | Frontal teaching |
|---|---|
| 2 | Introduction to dynamic psychology |
| 8 | Sigmund Freud (basic concepts and theoretical evolution). |
| 4 | Freud: case studies on phobia, hysteria and paranoid psychosis |
| 2 | jung: the analytical psychology |
| 3 | the development of psychoanalytic theory: Abraham, Ferenczi, Reich, Rank |
| 5 | The Ego psychology: Anna Freud, Hartmann, Jacobson, Spitz, Mahler |
| 8 | the object relations theory: Melanie Klein. aggressive drives according to Joan Riviere |
| 7 | the independent group: Fairbairn, Winnicott, Balint |

# SYLLABUS

| Hrs | Frontal teaching |
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| 3 | bion's model of hte mind |
| 4 | the self psychology: Heinz Kohut |
| 4 | the representational world: Sandler |
| 1 | the concept of dynamic field: Baranger and Baranger |
| 5 | the borderline personality organization: Otto Kernberg |
| 4 | the multiple motivational systems: Lichtenberg |