



# UNIVERSITÀ DEGLI STUDI DI PALERMO

<b>DEPARTMENT</b>	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
<b>ACADEMIC YEAR</b>	2020/2021		
<b>MASTER'S DEGREE (MSC)</b>	LIFE-SPAN PSYCHOLOGY		
<b>SUBJECT</b>	GUIDANCE TOOLS AND TECHNIQUES IN THE LIFE CYCLE		
<b>TYPE OF EDUCATIONAL ACTIVITY</b>	B		
<b>AMBIT</b>	50473-Psicologia dello sviluppo e dell'educazione		
<b>CODE</b>	21318		
<b>SCIENTIFIC SECTOR(S)</b>	M-PSI/04		
<b>HEAD PROFESSOR(S)</b>	LO COCO ALIDA	Professore a contratto in	Univ. di PALERMO quiescenza
<b>OTHER PROFESSOR(S)</b>			
<b>CREDITS</b>	6		
<b>INDIVIDUAL STUDY (Hrs)</b>	110		
<b>COURSE ACTIVITY (Hrs)</b>	40		
<b>PROPAEDEUTICAL SUBJECTS</b>			
<b>MUTUALIZATION</b>			
<b>YEAR</b>	1		
<b>TERM (SEMESTER)</b>	1° semester		
<b>ATTENDANCE</b>	Not mandatory		
<b>EVALUATION</b>	Out of 30		
<b>TEACHER OFFICE HOURS</b>	LO COCO ALIDA	Dipartimento di Scienze Psicologiche Pedagogiche dell'Esercizio Fisico e della Formazione - Ed. 15 - Viale delle Scienze , quarto piano	
	Thursday	10:00	12:00

**DOCENTE:** Prof.ssa ALIDA LO COCO

<b>PREREQUISITES</b>	In order to understand the content and the learning objectives of the course, the student shall meet the following requirements: knowledge of motivation, intelligence and social learning theories. Moreover, the student shall possess basic knowledge of developmental and educational psychology.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and understanding            Knowledge of the principal theoretical models that underline guidance actions in different fields (scholastic, educational, professional). Understanding of psychological phenomena involved in the career choice from an emotional, cognitive behavioral perspective.</p> <p>Applying knowledge and understanding            Capacity to understand phenomena linked to scholastic and professional choice and to correctly employ guidance practical instruments (psychological measures and tests, psychological colloque, techniques of social animation).</p> <p>Making judgements            Ability to work independently, with a critical and aware approach, demonstrating to know to take operational decisions in relation to the needs and problems encountered in different situations.</p> <p>Communication            Acquisition of skills' description and synthesis and use of an appropriate psychological lexicon.</p> <p>Lifelong learning skills            Development of skills to promote an autonomous learning and to generalise concepts, theories and methods.</p>
<b>ASSESSMENT METHODS</b>	<p>The learning assessment will consist in an the form of an interview, in order to ascertain the mastery of skills and subject knowledge provided by the course. The candidate will have to answer at least two/three questions posed orally, on all parties covered by the program, with reference to the recommended texts. The interview's aim is to evaluate whether the student has knowledge and understanding of the topics as well as he/she has acquired interpretative competence, technical language and independence of judgment in concrete cases.</p> <p>The pass mark will be reached when the student shows knowledge and understanding of the subjects at least in general terms, and has minimal application knowledge regarding the presentation of concrete cases. Below this threshold, the examination will be insufficient. Grades are expressed in thirtieths.</p>
<b>EDUCATIONAL OBJECTIVES</b>	The course's aim is to provide an overview of the most relevant theories of vocational guidance and of its importance in different life period; to explain how to apply theoretical models in different fields and how to use instruments and evaluation tools; to show how to choose intervention programs according to contexts and its characteristics.
<b>TEACHING METHODS</b>	<p>Lessons accompanied by slides downloadable from the site.</p> <p>Practical training, proposed by the teacher, aimed at applying instruments of vocational guidance in different domains. The frequency to the practical training is strictly necessary.</p>
<b>SUGGESTED BIBLIOGRAPHY</b>	Materiale fornito dal docente durante le esercitazioni

### SYLLABUS

Hrs	Frontal teaching
2	The development and the trasformation of vocational guidance concept: theoretical perspectives, contexts, aims and practical purposes.
2	Individual differences and vocational guidance.
2	The decisional process: typologie and specific elements.
2	Building and developping professional identity.
2	Promoting vocational guidance.
2	The concept of competence.
2	The theoretical approach ad the instruments of analysis of competence.
2	The counselor of competence analysis.
2	Intervention programs on competence analysis.
2	Methodologies and best practices for vocational guidance.
2	Adjustment and decision career making
2	Measures and test for vocational guidance.

<b>Hrs</b>	<b>Practice</b>
2	Intervention programs on competence analysis.
4	Methodologies and best practices for vocational guidance.
4	Methodologies and best practices for vocational guidance
2	Adjustment and decision career making
4	Measures and test for vocational guidance.