



# UNIVERSITÀ DEGLI STUDI DI PALERMO

<b>DEPARTMENT</b>	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
<b>ACADEMIC YEAR</b>	2020/2021		
<b>MASTER'S DEGREE (MSC)</b>	CLINICAL PSYCHOLOGY		
<b>INTEGRATED COURSE</b>	PSYCHOTHERAPY AND EXPERIENTIAL TRAINING GROUPS - INTEGRATED COURSE		
<b>CODE</b>	19722		
<b>MODULES</b>	Yes		
<b>NUMBER OF MODULES</b>	2		
<b>SCIENTIFIC SECTOR(S)</b>	M-PSI/08		
<b>HEAD PROFESSOR(S)</b>	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
<b>OTHER PROFESSOR(S)</b>	FALGARES GIORGIO	Professore Associato	Univ. di PALERMO
	GULLO SALVATORE	Professore Associato	Univ. di PALERMO
	DI BLASI MARIA	Professore Ordinario	Univ. di PALERMO
	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
	CANNIZZARO GIUSY	Professore a contratto	Univ. di PALERMO
	LO COCO GIANLUCA	Professore Ordinario	Univ. di PALERMO
	CAVANI PAOLA	Professore a contratto	Univ. di PALERMO
	LO MAURO VALENTINA	Professore a contratto	Univ. di PALERMO
<b>CREDITS</b>	12		
<b>PROPAEDEUTICAL SUBJECTS</b>			
<b>MUTUALIZATION</b>			
<b>YEAR</b>	1		
<b>TERM (SEMESTER)</b>	Annual		
<b>ATTENDANCE</b>	Not mandatory		
<b>EVALUATION</b>	Out of 30		
<b>TEACHER OFFICE HOURS</b>	<p><b>CANNIZZARO GIUSY</b> Monday 12:00 14:00</p> <p><b>CAVANI PAOLA</b> Monday 09:00 11:00 Ed. 15 - VII piano stanza 716</p> <p><b>DI BLASI MARIA</b> Tuesday 10:00 11:30</p> <p><b>FALGARES GIORGIO</b> Wednesday 9:00 16:00 Il ricevimento degli studenti si svolgerà il mercoledì dalle 09.00 alle 16.00 in Viale delle Scienze, Edificio 15, ufficio 7-012. E' obbligatoria la prenotazione.</p> <p><b>GIORDANO CECILIA</b> Tuesday 09:30 11:30 Martedì dalle 09:30 alle 11:00 presso lo studio del docente (Viale delle Scienze, Ed. 15, VII piano, stanza 009); in relazione a situazioni specifiche, potrà essere utilizzata la piattaforma Microsoft Teams (codice del team: mv9h94r). Si prega di prenotare il ricevimento o di concordare un appuntamento in caso di indisponibilità nel giorno e orario indicato</p> <p><b>GULLO SALVATORE</b> Friday 10:30 11:30 Il ricevimento si terrà sul seguente canale TEAMS: <a href="https://teams.microsoft.com/team/19%3abfc0f81f60274b32a079337e91fc800c%40thread.tacv2/conversations?groupId=0fa5d60e-12e2-489e-afba-04d0f5157ae4&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fa">https://teams.microsoft.com/team/19%3abfc0f81f60274b32a079337e91fc800c%40thread.tacv2/conversations?groupId=0fa5d60e-12e2-489e-afba-04d0f5157ae4&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fa</a> richiesta di ricevimento in presenza va concordata preventivamente attraverso la chat di TEAMS</p>		

			<b>LO COCO GIANLUCA</b>
Monday	11:00	13:30	Nel corso dell'anno accademico 2021-2022 il Ricevimento studenti si svolgera online tramite la piattaforma Teams al seguente link: <a href="https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fc">https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fc</a>
Thursday	11:00	12:00	Chi volesse svolgere il ricevimento in presenza, puo farmi esplicita richiesta tramite e-mail indirizzata a Gianluca.lococo@unipa.it per concordare l'orario disponibile il giovedì dalle 11 alle 12 presso l'edificio 15, 7 piano stanza 014.
			<b>LO MAURO VALENTINA</b>
Tuesday	15:00	17:00	Viale delle Scienze, Ed. 15, VI piano, stanza 012

DOCENTE: Prof.ssa CECILIA GIORDANO

<b>PREREQUISITES</b>	Students must have some preliminary knowledge in the field of Dynamic and Clinical Psychology.
<b>LEARNING OUTCOMES</b>	<p><b>Knowledge and understanding</b> The course aims to provide a broad understanding of the issues related to psychotherapy, its problems and orientations. The laboratory aims to develop the capacity to reflect on the professional role of psychologist, the capacity to analyze one's personal feelings, the ability to interact with others within the group dynamics, the capacity to understand his/her own and others' emotional reactions.</p> <p><b>Applying knowledge and understanding</b> Acquisitions of complex keys of reading of the therapeutic relationship and understanding of the various operational possibilities and approach. Ability to start thinking about professional issues in this field. The aims of the laboratory are to increase the ability to understand individual and interpersonal mental processes. The training objectives concern the growth of these professional skills and their appropriate use.</p> <p><b>Making Judgements</b> On completion of the course students will have to acquire critical thinking skills with respect to theories contents and to orient themselves with respect to the different expressed views.</p> <p><b>Lifelong Learning Skills</b> Development of theoretical and methodological skills for further studies in the field of psychotherapy. The laboratory aims to increase in the specific relational competences of the psychological work. Learning 'through direct experience 'of group dynamics</p>
<b>ASSESSMENT METHODS</b>	<p>Oral examination. It will consist of an interview, to ascertain the student's skills and subjects knowledge. The candidate must answer at least two / three questions on the topics covered by the program. The interview generally lasts around 30 minutes. Grades are expressed in thirtieths, according to the following rating: 30-30 cum laude, if the student shows excellent knowledge of the topics, excellent property of language and technical language skills, excellent ability to establish connections between contents (theories, models, tools, etc.), to provide independent judgments regarding the disciplinary contents, to understand their applications and implications within the discipline, to place disciplinary content within the professional and sociocultural context of reference; 27-29, if the student will show good mastery of the topics discussed, good language skills, good ability to establish connections, provide independent judgments about disciplinary content, understand implications, and report them to the professional and sociocultural context of reference; 24-26, if the student shows that she/he has a discreet knowledge of the main arguments, discrete language property, discreet ability to connect the disciplinary contents with each other and with the problems of the professional and socio-cultural context of reference; 20-23, if the student will not have full control over the main topics but possesses discreet knowledge, sufficient language property, limited ability to connect and understand the implications of the disciplinary content; 18-19, if the student will show minimum basic knowledge of the main topics and technical language and, minimal ability to apply to apply the acquired knowledge; The evaluation is insufficient if the student does not demonstrate adequate knowledge of the basic subjects of the program, combined with a lack of specialized technical language. For the laboratory, the final evaluation is an assessment of suitability. In order to achieve such suitability the student will be evaluated according to the following aspects: frequency laboratory activities; level of participation in the proposed exercises from the professor; level of participation in the discussion; writing a written report. The student is required to write a report after the last meeting of the laboratory and send it to the professor.</p>
<b>TEACHING METHODS</b>	Lectures, classroom exercises, laboratory practice in small groups. Attendance is therefore strictly necessary.



## MODULE PSYCHOTHERAPY

*Prof.ssa CECILIA GIORDANO*

### SUGGESTED BIBLIOGRAPHY

Gabbard G. O. (2011). *Le psicoterapie*. Milano: Cortina (Capitoli: Prima parte: Introduzione e cap. 1-2-3 - Parte II Introduzione e cap. 6 e 7; Parte IV introduzione, cap. 14 e 15; Parte V introduzione e cap. 18; cap 19; cap. 21 e cap. 23; Parte VI introduzione, cap. 26 -29 e 30).

Colli A., (2016). *Psicoterapia dinamica. Teoria, clinica, ricerca*. Torino: Carocci.

Lo Verso G., Di Blasi M. (2011), *La Gruppoanalisi Soggettuale*. Milano: Cortina (Capitoli: V-VI-VII-VIII-XV)  
Lecture consigliate (un testo a scelta tra i due indicati)

Lo Verso G. (2013). *La mafia in psicoterapia*. Milano: Franco Angeli.

Vasta, Gullo, Girelli (2019), *Psicoterapia psicodinamica di gruppo e ricerca empirica*, Alpes.

2 articoli tra una scelta fornita dal docente

<b>AMBIT</b>	50472-Psicologia dinamica e clinica
<b>INDIVIDUAL STUDY (Hrs)</b>	165
<b>COURSE ACTIVITY (Hrs)</b>	60

### EDUCATIONAL OBJECTIVES OF THE MODULE

The course addresses issues related to the epistemic, theoretical and methodological field of psychotherapy, different forms of psychotherapy and their models of reference. A part of the program will focus on research in psychotherapy, exploring clinical and empirical designs and offering an overview of qualitative and quantitative tools used in this field of study. These goals are consistent with the aims of the master's program, as affirmed in the section A4b2 of the SUA model. Issues related to psychotherapeutic work and practice will be addressed, comparing different theoretical models (psychodynamic, systemic and cognitive-behavioral).

The aim is to provide theoretical keys of interpretations that enable to make sense of what happens in the psychic experience of individuals and groups and in the therapeutic relationship, seeking the widest and non-reductionist forms of knowledge.

## SYLLABUS

Hrs	Frontal teaching
10	Epistemic field, theory and methodology of psychotherapy
10	The different forms of psychotherapy and their models of reference
5	The role of the therapeutic alliance in psychotherapy
5	Transference-countertransference
10	Psychotherapy Research
10	Supportive-Expressive treatment and Counseling
Hrs	Workshops
10	Meetings with qualified professionals on psychotherapeutic treatments



