



# UNIVERSITÀ DEGLI STUDI DI PALERMO

<b>DEPARTMENT</b>	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
<b>ACADEMIC YEAR</b>	2019/2020		
<b>MASTER'S DEGREE (MSC)</b>	LIFE-SPAN PSYCHOLOGY		
<b>SUBJECT</b>	CLINICAL MODELS AND INTERVENTIONS UPON FAMILIES		
<b>TYPE OF EDUCATIONAL ACTIVITY</b>	B		
<b>AMBIT</b>	50472-Psicologia dinamica e clinica		
<b>CODE</b>	17100		
<b>SCIENTIFIC SECTOR(S)</b>	M-PSI/07		
<b>HEAD PROFESSOR(S)</b>	SALERNO ALESSANDRA	Professore Associato	Univ. di PALERMO
<b>OTHER PROFESSOR(S)</b>			
<b>CREDITS</b>	6		
<b>INDIVIDUAL STUDY (Hrs)</b>	110		
<b>COURSE ACTIVITY (Hrs)</b>	40		
<b>PROPAEDEUTICAL SUBJECTS</b>			
<b>MUTUALIZATION</b>			
<b>YEAR</b>	2		
<b>TERM (SEMESTER)</b>	1° semester		
<b>ATTENDANCE</b>	Not mandatory		
<b>EVALUATION</b>	Out of 30		
<b>TEACHER OFFICE HOURS</b>	<b>SALERNO ALESSANDRA</b> Wednesday 09:00 - 10:00 Edificio 15, stanza 009, sesto piano. E' necessario prenotarsi e comunicarlo alla prof. Salerno attraverso l'email <a href="mailto:alessandra.salerno@unipa.it">alessandra.salerno@unipa.it</a>		

DOCENTE: Prof.ssa ALESSANDRA SALERNO

<b>PREREQUISITES</b>	In order to understand the content and the learning objectives of the course, the student must possess knowledge in the field of family psychodynamic.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and understanding Knowledge of main clinical intervention with families. Ability to identify the most suitable areas of application for the different types of intervention.</p> <p>Applying knowledge and understanding Ability to outline with autonomy a possible context of intervention with the family, identifying the reference theoretical model, clinical tools and the suitable measures for the evaluation and observation, in reference to the family life cycle and the relative critical event.</p> <p>Making judgements Ability to work independently, with a critical and aware approach, demonstrating to know how to integrate different approach to the clinical study of family with critical and independent thought.</p> <p>Communication Acquisition of skills' description and synthesis and use of an appropriate psychological lexicon.</p> <p>Lifelong learning skills Ability to understand the normative and non-normative family dynamics; ability to identify family contexts of risk and resilience factors; achieving an expertise in scientific literature consultation in the field of family psychodynamics, with particular reference to the new family types.</p>
<b>ASSESSMENT METHODS</b>	<p>Learning will be assessed by an oral exam which will consist of an interview that is to ascertain the possession of skills and subject knowledge provided by the course.</p> <p>In particular, questions will regard methods and observation techniques of family contexts, with particular attention to families who need for clinical intervention; the main systemic-relational theories and research tools for new family typologies; the family life cycle, normative and non-normative development tasks and the possible clinical contexts involving the couple and/or the family. The candidate will have to answer at least three questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student: has knowledge and understanding about the most important theories and techniques for clinical intervention on families, has acquired interpretive competence and judgment autonomy in the assessment of clinical cases, is able to outline autonomously a possible context of intervention on the family, by identifying the theoretical reference model, the clinical tools and the most suitable evaluation and observation techniques, demonstrates the ability to know normative and paranormal family dynamics and is able to identify the contexts of risk for family and the factors of resilience.</p> <p>The pass mark will be reached when the student shows knowledge and understanding of the subjects at least in general terms; he/she will also have presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Below this threshold, the examination will be insufficient. The more, however, the student will be able to find own connections between the topics of the course and be able to go into detail on the subject of discipline, the more the assessment is positive. The assessment is carried out of thirty.</p> <p>The final vote determination takes into account the following aspects:</p> <ol style="list-style-type: none"><li>1. In-depth knowledge of the subject issues, ability to link the various topics and to refer to the contents of all textbooks and lessons.</li><li>2. Achievement of the objectives provided by Dublin descriptors</li><li>3. Presence and active participation during the lessons</li></ol>
<b>EDUCATIONAL OBJECTIVES</b>	Main objective of the course is the study of theoretical and applicative models for clinical intervention with families. It will be deepened the main systemic-relational theories and the various contexts for clinical interventions, in the prevention, evaluation and juridical fields. Starting from the study of the family life cycle, normative and non-normative development tasks will be deepened and it will be explored the possible clinical contexts involving the couple and/or the family in each phase; in particular, the attention will be focused on parenting, couple relationship, new family typologies, risks contexts for children and families.
<b>TEACHING METHODS</b>	Lessons accompanied by slides downloadable from the site. Experiential seminars related to different fields (for example, adoptive family, maternity in adolescence, family system therapy), guided visit to CFP- Training and Psychotherapy Center
<b>SUGGESTED BIBLIOGRAPHY</b>	Testi obbligatori: Andolfi M. (2015). La terapia familiare multigenerazionale. Strumenti e risorse del terapeuta. Raffaello Cortina, Milano. Salerno A., Tosto M., (a cura di) (2019), Gli scenari della paternita' nella psicologia contemporanea. Sfide, fragilita, orizzonti. Franco Angeli, Milano. Un testo a scelta tra i seguenti:

	<p>Garro M., Salerno A. (2014), Oltre il legame. Genitori e figli nei nuovi scenari familiari. FrancoAngeli.</p> <p>Di Vita A.M., Sole C. (2016). Il gruppo adottivo. Contesti istituzionali nell'intervento con le famiglie. FrancoAngeli, Milano.</p> <p>Minuchin S. (1977) Famiglie e terapia della famiglia. Astrolabio, Roma.</p> <p>Granatella V. (2011). Reciproci sguardi. FrancoAngeli, Milano.</p> <p>Monguzzi, F. (2013). La coppia come paziente. Relazioni patologiche e consultazione clinica. FrancoAngeli, Milano.</p> <p>Salerno, A. (2010), Vivere insieme. Tendenze e trasformazioni della coppia moderna, il Mulino, Bologna.</p> <p>Gambini P. (2011). Adolescenti e famiglia affettiva. Percorsi d'emancipazione. FrancoAngeli, Milano.</p> <p>Andolfi M., Mascellani A. (2010). Storie di adolescenza. Esperienze di terapia familiare. Raffaello Cortina, Milano</p> <p>Salerno A., Giuliano, S. (2012), La violenza indicibile. L'aggressività femminile nelle relazioni interpersonali, FrancoAngeli, Milano</p>
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## SYLLABUS

Hrs	Frontal teaching
1	Introduction of the main topics of the course
2	The family life cycle. Critical events and developmental tasks.
3	The systemic-relational theory. Subsystems and boundaries.
3	The techniques and methods of intervention with the dysfunctional family: the demand analysis, the clinical interview, the marriage and parenting enrichment programs
3	Marital separation and the new forms of parenting
3	Family violence. Intimate Partner Violence and Children exposed to parental violence
3	Homosexuality and parenting. Risks and protective factors
2	Homoparenting. Development and social relationships in children of same sex couples
2	Family functioning dimensions: adaptability, flexibility and communication
3	The evaluation of parents-child relations: self-report, graphic projective techniques, evaluation scales, questionnaires
3	Psychological aspects of couple infertility
2	The adoptive family. Couple evaluation, matching, post-adoption phase.
2	Pregnancy in adolescence. Dynamic of a double transition
4	The clinical intervention with family in the psycho-judicial field. Consultations and family mediation.
Hrs	Practice
4	Guided tour at the CFP - Training and Psychotherapy Center