



# UNIVERSITÀ DEGLI STUDI DI PALERMO

<b>DEPARTMENT</b>	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
<b>ACADEMIC YEAR</b>	2019/2020		
<b>MASTER'S DEGREE (MSC)</b>	CLINICAL PSYCHOLOGY		
<b>SUBJECT</b>	CLINICAL PSYCHOLOGY OF ADOLESCENCE		
<b>TYPE OF EDUCATIONAL ACTIVITY</b>	D		
<b>AMBIT</b>	20670-A scelta dello studente		
<b>CODE</b>	15148		
<b>SCIENTIFIC SECTOR(S)</b>	M-PSI/08		
<b>HEAD PROFESSOR(S)</b>	DI BLASI MARIA	Professore Ordinario	Univ. di PALERMO
<b>OTHER PROFESSOR(S)</b>			
<b>CREDITS</b>	6		
<b>INDIVIDUAL STUDY (Hrs)</b>	110		
<b>COURSE ACTIVITY (Hrs)</b>	40		
<b>PROPAEDEUTICAL SUBJECTS</b>			
<b>MUTUALIZATION</b>			
<b>YEAR</b>	2		
<b>TERM (SEMESTER)</b>	2° semester		
<b>ATTENDANCE</b>	Not mandatory		
<b>EVALUATION</b>	Out of 30		
<b>TEACHER OFFICE HOURS</b>	<b>DI BLASI MARIA</b> Tuesday 10:00 11:30		

DOCENTE: Prof.ssa MARIA DI BLASI

<b>PREREQUISITES</b>	In order to understand the contents and achieve the learning objectives of the course, the student must master deep knowledge in the field of clinical psychology (theoretical framework, psychotherapeutic approaches) and basic knowledge in the field of neuropsychology.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and understanding Knowledge of adolescent clinical psychology Knowledge of the different setting of clinical and psychotherapeutic interventions in adolescence.</p> <p>Applying knowledge and understanding Knowledge and ability of application of specific clinical and research tools. Capacity to build and to develop clinical interventions and projects in psychotherapy treatment of adolescents.</p> <p>Making judgements Ability of critical analysis of the literature and theoretical-clinical models. Ability to reflect on the relationship between adolescent, family system and social context.</p> <p>Communication Through discussion of articles, reports, case reports, the student must show that he/she has developed appropriate communication and language skills in clinical psychology of adolescence.</p> <p>Lifelong learning skills The student at the end of the course must master the knowledge and skills for the diagnosis and psychological-clinical intervention in adolescence.</p>
<b>ASSESSMENT METHODS</b>	<p>The learning evaluation is articulated through:</p> <ul style="list-style-type: none"><li>- An oral exam which will consist of an interview, which will include the discussion of the exercises carried out during the course, and that aims to ascertain the possession of skills and subject knowledge provided by the course. The candidate will have to answer at least two/three questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student has knowledge and understanding of the topics, has acquired the capacity to interpret and independent judgment of the main topics of the course. The pass mark will be reached when the student shows knowledge and understanding of the subjects at least in general terms, and has minimal application knowledge regarding the presentation of specific topics; he/she will also have presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Below this threshold, the examination will be insufficient. The more, however, the student will be able to find own connections between the topics of the course and be able to go into detail on the subject of discipline, the more the assessment is positive. The assessment is carried out of thirty.</li></ul>
<b>EDUCATIONAL OBJECTIVES</b>	<p>Consistent with the aims of the course described in the SUA which provides that the student acquires knowledge of psychodiagnostic and psychopathology and the ability to use the knowledge on the psychic life of individuals and groups to care for the distress and the promotion of psychic well-being, the course will address the different theoretical framework, diagnostic tools and clinical-psychological intervention strategies for adolescents.</p> <p>The course will be taking into account research, theoretical and methodological aspects, and practical aspects.</p>
<b>TEACHING METHODS</b>	Lessons; practical exercises; role play. Guided visit to specialized centres. Therefore, frequency is strictly necessary.
<b>SUGGESTED BIBLIOGRAPHY</b>	<ul style="list-style-type: none"><li>- Matteo Lancini, Cent'anni di adolescenza. Contributi psicoanalitici, Franco Angeli, Milano, 2010.</li></ul> <p>Gli studenti sono invitati a portare questo testo con se' sin dalla prima lezione poiche' verra' adottato il modello del flip-learning.</p> <p>Un secondo testo a scelta tra i seguenti:</p> <ul style="list-style-type: none"><li>- Elena Riva, Ferite e ricami nella clinica dei disturbi alimentari. L'arte del Kintsugi, Mimesi, 2016</li><li>- Elena Riva, Adolescenza e anoressia, Raffaello Cortina Editore, Milano, 2009</li><li>- Fabio Vanni, La consultazione psicologica con l'adolescente. Il modello psicoanalitico della relazione, Franco Angeli, Milano, 2015</li><li>- Maggiolini Alfio, Senza paura, senza pietà. Valutazione e trattamento degli adolescenti antisociali, Raffaello Cortina Editore, Milano, 2014</li><li>- Lancini Matteo, Madeddu Fabio, Giovane adulto, Raffaello Cortina Editore, Milano, 2014</li><li>- Spiniello R , Piotti A , Comazzi D, Il corpo in una stanza. Adolescenti ritirati che vivono di computer, Franco Angeli, Milano, 2015.</li></ul> <p>Durante il corso verranno forniti report e articoli tratti da riviste scientifiche nazionali e internazionali.</p>

## SYLLABUS

<b>Hrs</b>	<b>Frontal teaching</b>
10	Adolescence and developmental tasks. The Self and the individuation process Interpretive models and clinical approach
10	From assessment to the therapeutic project plan. Eating disorders in adolescence: interpretative models and interventions
<b>Hrs</b>	<b>Practice</b>
15	Tools and methods for the diagnosis and clinical assessment. Case reports and protocols. Psychotherapeutic intervention approach. Clinical cases discussion Clinical psychological intervention and psychotherapy of ED. Case reports.
5	Guided visit