



# UNIVERSITÀ DEGLI STUDI DI PALERMO

DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
ACADEMIC YEAR	2019/2020		
MASTER'S DEGREE (MSC)	CLINICAL PSYCHOLOGY		
INTEGRATED COURSE	PSYCHOTHERAPY AND EXPERIENTIAL TRAINING GROUPS - INTEGRATED COURSE		
CODE	19722		
MODULES	Yes		
NUMBER OF MODULES	2		
SCIENTIFIC SECTOR(S)	M-PSI/08		
HEAD PROFESSOR(S)	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
OTHER PROFESSOR(S)	FALGARES GIORGIO	Professore Associato	Univ. di PALERMO
	GULLO SALVATORE	Professore Associato	Univ. di PALERMO
	DI BLASI MARIA	Professore Ordinario	Univ. di PALERMO
	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
	CANNIZZARO GIUSY	Professore a contratto	Univ. di PALERMO
	LO COCO GIANLUCA	Professore Ordinario	Univ. di PALERMO
	CAVANI PAOLA	Professore a contratto	Univ. di PALERMO
	PROFITA GABRIELE	Professore a contratto in quiescenza	Univ. di PALERMO
CREDITS	12		
PROPAEDEUTICAL SUBJECTS			
MUTUALIZATION			
YEAR	1		
TERM (SEMESTER)	Annual		
ATTENDANCE	Not mandatory		
EVALUATION	Out of 30		
TEACHER OFFICE HOURS	<p><b>CANNIZZARO GIUSY</b> Monday 12:00 14:00</p> <p><b>CAVANI PAOLA</b> Monday 09:00 11:00 Ed. 15 - VII piano stanza 716</p> <p><b>DI BLASI MARIA</b> Tuesday 10:00 11:30</p> <p><b>FALGARES GIORGIO</b> Wednesday 9:00 16:00 Il ricevimento degli studenti si svolgerà il mercoledì dalle 09.00 alle 16.00 in Viale delle Scienze, Edificio 15, ufficio 7-012. E' obbligatoria la prenotazione.</p> <p><b>GIORDANO CECILIA</b> Tuesday 09:30 11:30 Martedì dalle 09:30 alle 11:00 presso lo studio del docente (Viale delle Scienze, Ed. 15, VII piano, stanza 009); in relazione a situazioni specifiche, potrà essere utilizzata la piattaforma Microsoft Teams (codice del team: mv9h94r). Si prega di prenotare il ricevimento o di concordare un appuntamento in caso di indisponibilità nel giorno e orario indicato</p> <p><b>GULLO SALVATORE</b> Friday 10:00 11:30 Il ricevimento si terrà per il mese di giugno esclusivamente sul seguente canale TEAMS: <a href="https://teams.microsoft.com/l/team/19%3abfc0f81f60274b32a079337e91fc800c%40thread.tacv2/conversations?groupId=0fa5d60e-12e2-489e-afba-04d0f5157ae4&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fa">https://teams.microsoft.com/l/team/19%3abfc0f81f60274b32a079337e91fc800c%40thread.tacv2/conversations?groupId=0fa5d60e-12e2-489e-afba-04d0f5157ae4&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fa</a></p>		

<b>LO COCO GIANLUCA</b>			
Monday	11:00	13:30	Nel corso dell'anno accademico 2021-2022 il Ricevimento studenti si svolgera online tramite la piattaforma Teams al seguente link: <a href="https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fc">https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fc</a>
Thursday	11:00	12:00	Chi volesse svolgere il ricevimento in presenza, puo farmi esplicita richiesta tramite e-mail indirizzata a <a href="mailto:Gianluca.lococo@unipa.it">Gianluca.lococo@unipa.it</a> per concordare l'orario disponibile il giovedì dalle 11 alle 12 presso l'edificio 15, 7 piano stanza 014.

**DOCENTE:** Prof.ssa CECILIA GIORDANO

<b>PREREQUISITES</b>	Students must have some preliminary knowledge in the field of Dynamic and Clinical Psychology.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and understanding The course aims to provide a broad understanding of the issues related to psychotherapy, its problems and orientations. The laboratory aims to develop the capacity to reflect on the professional role of psychologist, the capacity to analyze one's personal feelings, the ability to interact with others within the group dynamics, the capacity to understand his/her own and others' emotional reactions.</p> <p>Applying knowledge and understanding Acquisitions of complex keys of reading of the therapeutic relationship and understanding of the various operational possibilities and approach. Ability to start thinking about professional issues in this field. The aims of the laboratory are to increase the ability to understand individual and interpersonal mental processes. The training objectives concern the growth of these professional skills and their appropriate use.</p> <p>Making Judgements On completion of the course students will have to acquire critical thinking skills with respect to theories contents and to orient themselves with respect to the different expressed views.</p> <p>Lifelong Learning Skills Development of theoretical and methodological skills for further studies in the field of psychotherapy. The laboratory aims to increase in the specific relational competences of the psychological work. Learning 'through direct experience 'of group dynamics</p>
<b>ASSESSMENT METHODS</b>	<p>Oral examination. It will consist of an interview, to ascertain the student's skills and subjects knowledge. The candidate must answer at least two / three questions on the topics covered by the program. The interview generally lasts around 30 minutes. Grades are expressed in thirtieths, according to the following rating: 30-30 cum laude, if the student shows excellent knowledge of the topics, excellent property of language and technical language skills, excellent ability to establish connections between contents (theories, models, tools, etc.), to provide independent judgments regarding the disciplinary contents, to understand their applications and implications within the discipline, to place disciplinary content within the professional and sociocultural context of reference; 27-29, if the student will show good mastery of the topics discussed, good language skills, good ability to establish connections, provide independent judgments about disciplinary content, understand implications, and report them to the professional and sociocultural context of reference; 24-26, if the student shows that she/he has a discreet knowledge of the main arguments, discrete language property, discreet ability to connect the disciplinary contents with each other and with the problems of the professional and socio-cultural context of reference; 20-23, if the student will not have full control over the main topics but possesses discreet knowledge, sufficient language property, limited ability to connect and understand the implications of the disciplinary content; 18-19, if the student will show minimum basic knowledge of the main topics and technical language and, minimal ability to apply to apply the acquired knowledge; The evaluation is insufficient if the student does not demonstrate adequate knowledge of the basic subjects of the program, combined with a lack of specialized technical language. For the laboratory, the final evaluation is an assessment of suitability. In order to achieve such suitability the student will be evaluated according to the following aspects: frequency laboratory activities; level of participation in the proposed exercises from the professor; level of participation in the discussion; writing a written report. The student is required to write a report after the last meeting of the laboratory and send it to the professor.</p>
<b>TEACHING METHODS</b>	Lectures, classroom exercises, laboratory practice in small groups. Attendance is therefore strictly necessary.

Prof. GABRIELE PROFITA - Gruppo G1. - Gruppo G1

Profita G., Ruvolo G., Lo Mauro V. (2007), *Transiti psichici e culturali*, Milano, Ed Libreria Cortina.

### EDUCATIONAL OBJECTIVES OF THE MODULE

The course aims to improve the student's relational skills underlying the professional role of the clinical psychologist. It is an experiential training group aimed to enhance the student's abilities in interpersonal communication, listening to others and empathic understanding. These aims are consistent to the expected competencies of the clinical psychologist which were described in the section A2.a of the SUA model, and especially regarding the psychological support and rehabilitation. It also aims to promote the capacity to work and cooperate in institutional and group settings, accordingly to the aims of the master's program as described in the section A4.a of the SUA model, especially regarding the assessment of relational and interpersonal dynamics in individuals, families, groups and organizations. Through the direct observation of group leadership, it will promote the capacity to understand and manage group dynamics.

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Prof. GIANLUCA LO COCO - Gruppo G2. - Gruppo G2

Profita G., Ruvolo G., Lo Mauro V. (2007), *Transiti psichici e culturali*, Milano, Ed Libreria Cortina.

Vasta F., Gullo S., Girelli F. (2019). *Psicoterapia psicodinamica di gruppo e ricerca empirica*. Alpes, Roma.

## EDUCATIONAL OBJECTIVES OF THE MODULE

The course aims to improve the student's relational skills underlying the professional role of the clinical psychologist. It is an experiential training group aimed to enhance the student's abilities in interpersonal communication, listening to others and empathic understanding. These aims are consistent to the expected competencies of the clinical psychologist which were described in the section A2.a of the SUA model, and especially regarding the psychological support and rehabilitation. It also aims to promote the capacity to work and cooperate in institutional and group settings, accordingly to the aims of the master's program as described in the section A4.a of the SUA model, especially regarding the assessment of relational and interpersonal dynamics in individuals, families, groups and organizations. Through the direct observation of group leadership, it will promote the capacity to understand and manage group dynamics.

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<p align="center"><b>MODULE</b>  <b>EXPERIENTIAL TRAINING GROUPS</b>  <i>Prof. GIORGIO FALGARES - Gruppo G4, - Gruppo G4</i></p>	
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## SUGGESTED BIBLIOGRAPHY

Profita G., Ruvolo G., Lo Mauro V. (2007), *Transiti psichici e culturali*, Milano, Ed Libreria Cortina.

<b>AMBIT</b>	20969-Attività formative affini o integrative
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INDIVIDUAL STUDY (Hrs)	55
COURSE ACTIVITY (Hrs)	20

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## SYLLABUS

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## MODULE PSYCHOTHERAPY

*Prof.ssa CECILIA GIORDANO*

### SUGGESTED BIBLIOGRAPHY

Gabbard G. O. (2011). Le psicoterapie. Milano: Cortina (Capitoli: Prima parte: Interamente - Parte II Introduzione e cap. 6 e 7; Parte IV introduzione, cap. 14 e 15; Parte V introduzione e cap. 18; cap 19; cap. 21 e cap. 23; Parte VI introduzione, cap. 26 e 30).

Colli A., (2016). Psicoterapia dinamica. Teoria, clinica, ricerca. Torino: Carocci.

Lo Verso G., Di Blasi M. (2011), La Gruppoanalisi Soggettuale. Milano: Cortina (Parte seconda)

Lecture consigliate (un testo a scelta tra i due indicati)

Lo Verso G. (2013). La mafia in psicoterapia. Milano: Franco Angeli.

Vasta, Gullo, Girelli (2019), Psicoterapia psicodinamica di gruppo e ricerca empirica, Alpes.

Verranno fornite dispense dal docente

<b>AMBIT</b>	50472-Psicologia dinamica e clinica
<b>INDIVIDUAL STUDY (Hrs)</b>	165
<b>COURSE ACTIVITY (Hrs)</b>	60

### EDUCATIONAL OBJECTIVES OF THE MODULE

The course addresses issues related to the epistemic, theoretical and methodological field of psychotherapy, different forms of psychotherapy and their models of reference. A part of the program will focus on research in psychotherapy, exploring clinical and empirical designs and offering an overview of qualitative and quantitative tools used in this field of study. These goals are consistent with the aims of the master's program, as affirmed in the section A4b2 of the SUA model. Issues related to psychotherapeutic work and practice will be addressed, comparing different theoretical models (psychodynamic, systemic and cognitive-behavioral).

The aim is to provide theoretical keys of interpretations that enable to make sense of what happens in the psychic experience of individuals and groups and in the therapeutic relationship, seeking the widest and non-reductionist forms of knowledge.

## SYLLABUS

Hrs	Frontal teaching
10	Epistemic field, theory and methodology of psychotherapy
10	The different forms of psychotherapy and their models of reference
5	The role of the therapeutic alliance in psychotherapy
5	Transference-countertransference
10	Psychotherapy Research
10	Supportive-Expressive treatment and Counseling
Hrs	Workshops
10	Meetings with qualified professionals on psychotherapeutic treatments

**MODULE**  
**EXPERIENTIAL TRAINING GROUPS**  
*Prof.ssa CECILIA GIORDANO - Gruppo G6, - Gruppo G6*

## SUGGESTED BIBLIOGRAPHY

Vasta, Gullo, Girelli (a cura di), *Psicoterapia psicodinamica di gruppo e ricerca empirica*, Alpes, 2019.

<b>AMBIT</b>	20969-Attività formative affini o integrative
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INDIVIDUAL STUDY (Hrs)	55
COURSE ACTIVITY (Hrs)	20

The course aims to improve the student's relational skills underlying the professional role of the clinical psychologist. It is an

This course aims to improve the students' relational skills, understanding the professional role of the clinical psychologist, and an experiential training group aimed to enhance the student's abilities in interpersonal communication, listening to others and empathic understanding. These aims are consistent to the expected competencies of the clinical psychologist which were described in the section A2.a of the SUA model, and especially regarding the psychological support and rehabilitation. It also aims to promote the capacity to work and cooperate in institutional and group settings, accordingly to the aims of the master's program as described in the section A4.a of the SUA model, especially regarding the assessment of relational and interpersonal dynamics in individuals, families, groups and organizations. Through the direct observation of group leadership, it will promote the capacity to understand and manage group dynamics.

## SYLLABUS

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