



UNIVERSITÀ DEGLI STUDI DI PALERMO

DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
ACADEMIC YEAR	2018/2019		
MASTER'S DEGREE (MSC)	CLINICAL PSYCHOLOGY		
INTEGRATED COURSE	PSYCHOTHERAPY AND EXPERIENTIAL TRAINING GROUPS - INTEGRATED COURSE		
CODE	19722		
MODULES	Yes		
NUMBER OF MODULES	2		
SCIENTIFIC SECTOR(S)	M-PSI/08		
HEAD PROFESSOR(S)	DI BLASI MARIA	Professore Ordinario	Univ. di PALERMO
OTHER PROFESSOR(S)	FALGARES GIORGIO	Professore Associato	Univ. di PALERMO
	DI BLASI MARIA	Professore Ordinario	Univ. di PALERMO
	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
	LO COCO GIANLUCA	Professore Ordinario	Univ. di PALERMO
	PROFITA GABRIELE	Professore a contratto in quiescenza	Univ. di PALERMO
CREDITS	12		
PROPAEDEUTICAL SUBJECTS			
MUTUALIZATION			
YEAR	1		
TERM (SEMESTER)	Annual		
ATTENDANCE	Not mandatory		
EVALUATION	Out of 30		
TEACHER OFFICE HOURS	<p>DI BLASI MARIA Tuesday 10:00 11:30</p> <p>FALGARES GIORGIO Wednesday 9:00 16:00 Il ricevimento degli studenti si svolgerà il mercoledì dalle 09.00 alle 16.00 in Viale delle Scienze, Edificio 15, ufficio 7-012. E' obbligatoria la prenotazione.</p> <p>GIORDANO CECILIA Tuesday 09:30 11:30 Martedì dalle 09:30 alle 11:00 presso lo studio del docente (Viale delle Scienze, Ed. 15, VII piano, stanza 009); in relazione a situazioni specifiche, potrà essere utilizzata la piattaforma Microsoft Teams (codice del team: mv9h94r). Si prega di prenotare il ricevimento o di concordare un appuntamento in caso di indisponibilità nel giorno e orario indicato</p> <p>LO COCO GIANLUCA Monday 11:00 13:30 Nel corso dell'anno accademico 2021-2022 il Ricevimento studenti si svolgerà online tramite la piattaforma Teams al seguente link: https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&tenantId=bf17c3fc-3ccd-4f1e-8546-88fb18b-984719f477b5</p> <p>Thursday 11:00 12:00 Chi volesse svolgere il ricevimento in presenza, può farmi esplicita richiesta tramite e-mail indirizzata a Gianluca.lococo@unipa.it per concordare l'orario disponibile il giovedì dalle 11 alle 12 presso l'edificio 15, 7 piano stanza 014.</p>		

<p>PREREQUISITES</p>	<p>Students must have some preliminary knowledge in the field of Dynamic and Clinical Psychology.</p>
<p>LEARNING OUTCOMES</p>	<p>Knowledge and understanding The course aims to provide a broad understanding of the issues related to psychotherapy, its problems and orientations. The laboratory aims to develop the professional reflection on clinical cases, the capacity to analyze the patient's demand, the description of the clinical case, anamnesis, diagnostic and therapeutic process.</p> <p>Applying knowledge and understanding Acquisitions of complex keys of reading of the therapeutic relationship and understanding of the various operational possibilities and approach. Ability to start thinking about professional issues in this field. The aims of the laboratory are to increase the ability to understand individual and interpersonal mental processes. The training objectives concern the growth of these professional skills and their appropriate use.</p> <p>Making Judgements On completion of the course students will have to acquire critical thinking skills with respect to theories contents and to orient themselves with respect to the different expressed views. The laboratory aims to develop the ability to reliably evaluate the presented clinical situations and to express their own thoughts and opinions, together with the ability to formulate independent judgments.</p> <p>Communication Ability to produce and exchange information, ideas and solutions in the field of psychotherapy. The laboratory aims to promote the ability to describe clinical cases. The student will acquire the most appropriate ways to describe the clinical cases using an appropriate technical language with maximum respect for patient privacy.</p> <p>Lifelong Learning Skills Development of theoretical and methodological skills for further studies in the field of psychotherapy. The laboratory aims to promote specific psychological skills through observation and reflection on clinical cases.</p>
<p>ASSESSMENT METHODS</p>	<p>Oral examination. It will consist of an interview, to ascertain the student's skills and subjects knowledge. The candidate must answer at least two / three questions on the topics covered by the program. The interview generally lasts around 30 minutes. Grades are expressed in thirtieths, according to the following rating: 30-30 cum laude, if the student shows excellent knowledge of the topics, excellent property of language and technical language skills, excellent ability to establish connections between contents (theories, models, tools, etc.), to provide independent judgments regarding the disciplinary contents, to understand their applications and implications within the discipline, to place disciplinary content within the professional and sociocultural context of reference; 27-29, if the student will show good mastery of the topics discussed, good language skills, good ability to establish connections, provide independent judgments about disciplinary content, understand implications, and report them to the professional and sociocultural context of reference; 24-26, if the student shows that she/he has a discreet knowledge of the main arguments, discrete language property, discreet ability to connect the disciplinary contents with each other and with the problems of the professional and socio-cultural context of reference; 20-23, if the student will not have full control over the main topics but possesses discreet knowledge, sufficient language property, limited ability to connect and understand the implications of the disciplinary content; 18-19, if the student will show minimum basic knowledge of the main topics and technical language and, minimal ability to apply to apply the acquired knowledge; The evaluation is insufficient if the student does not demonstrate adequate knowledge of the basic subjects of the program, combined with a lack of specialized technical language. For the laboratory, the final evaluation is an assessment of suitability. In order to achieve such suitability the student will be evaluated according to the following aspects: frequency laboratory activities; level of participation in the proposed exercises from the professor; level of participation in the discussion of clinical cases; ability to analyze the characteristics of a clinical case, both in its diagnostic aspects that of intervention; writing a written report.</p>

MODULE PSYCHOTHERAPY

Prof.ssa CECILIA GIORDANO

SUGGESTED BIBLIOGRAPHY

Gabbard G. O. (2011). *Le psicoterapie*. Milano: Cortina (Capitoli: Prima parte interamente - Parte II Introduzione e cap. 6; Parte III introduzione e cap. 10; Parte IV introduzione e cap. 14; Parte V introduzione e cap. 18; cap 19; cap. 21 e cap. 23; Parte VI introduzione, cap. 26 e 30).

Colli A., (2016). *Psicoterapia dinamica. Teoria, clinica, ricerca*. Torino: Carocci.

Lo Verso G., Di Blasi M. (2011), *La Gruppoanalisi Soggettuale*. Milano: Cortina (Parte prima – Parte seconda – Parte quarta)

Lo Verso G. (2013). *La mafia in psicoterapia*. Milano: Franco Angeli.

Verranno fornite dispense dal docente

AMBIT	50472-Psicologia dinamica e clinica
INDIVIDUAL STUDY (Hrs)	165
COURSE ACTIVITY (Hrs)	60

EDUCATIONAL OBJECTIVES OF THE MODULE

The course addresses issues related to the epistemic, theoretical and methodological field of psychotherapy, different forms of psychotherapy and their models of reference. A part of the program will focus on research in psychotherapy, exploring clinical and empirical designs and offering an overview of qualitative and quantitative tools used in this field of study. These goals are consistent with the aims of the master's program, as affirmed in the section A4b2 of the SUA model. Issues related to psychotherapeutic work and practice will be addressed, comparing different theoretical models (psychodynamic, systemic and cognitive-behavioral).

The aim is to provide theoretical keys of interpretations that enable to make sense of what happens in the psychic experience of individuals and groups and in the therapeutic relationship, seeking the widest and non-reductionist forms of knowledge.

SYLLABUS

Hrs	Frontal teaching
10	Epistemic field, theory and methodology of psychotherapy
10	The different forms of psychotherapy and their models of reference
5	The role of the therapeutic alliance in psychotherapy
5	Transference-countertransference
10	Psychotherapy Research
10	Supportive-Expressive treatment and Counseling
Hrs	Workshops
10	Meetings with qualified professionals on psychotherapeutic treatments

