



# UNIVERSITÀ DEGLI STUDI DI PALERMO

<b>DEPARTMENT</b>	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
<b>ACADEMIC YEAR</b>	2018/2019		
<b>BACHELOR'S DEGREE (BSC)</b>	COMMUNITY EDUCATOR		
<b>SUBJECT</b>	PEDAGOGY OF HEALTH		
<b>TYPE OF EDUCATIONAL ACTIVITY</b>	B		
<b>AMBIT</b>	50076-Discipline pedagogiche e metodologico-didattiche		
<b>CODE</b>	18480		
<b>SCIENTIFIC SECTOR(S)</b>	M-PED/01		
<b>HEAD PROFESSOR(S)</b>	SIDOTI ENZA	Professore Associato	Univ. di PALERMO
<b>OTHER PROFESSOR(S)</b>			
<b>CREDITS</b>	6		
<b>INDIVIDUAL STUDY (Hrs)</b>	120		
<b>COURSE ACTIVITY (Hrs)</b>	30		
<b>PROPAEDEUTICAL SUBJECTS</b>			
<b>MUTUALIZATION</b>			
<b>YEAR</b>	3		
<b>TERM (SEMESTER)</b>	1° semester		
<b>ATTENDANCE</b>	Not mandatory		
<b>EVALUATION</b>	Out of 30		
<b>TEACHER OFFICE HOURS</b>	<b>SIDOTI ENZA</b> Thursday 11:00 13:00 Edificio 15 piano 7, stanza 016. In caso di motivate necessita' e' possibile richiedere un incontro su piattaforma teams al seguente link: <a href="https://teams.microsoft.com/j/team/19%3Ad92b63ec4b5d443dad8ba17e138c4e0%40thread.ta%20conversations?groupId=670c0bfb-3958-479b-a83c-545d796524af&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fe">https://teams.microsoft.com/j/team/19%3Ad92b63ec4b5d443dad8ba17e138c4e0%40thread.ta%20conversations?groupId=670c0bfb-3958-479b-a83c-545d796524af&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88fe</a>		

**DOCENTE:** Prof.ssa ENZA SIDOTI

<b>PREREQUISITES</b>	Basic knowledge of social and educative arguments in understanding main factor in wellbeing and disease. Attention and availability to daily problems of the Other.
<b>LEARNING OUTCOMES</b>	Know a new pedagogy that educates a wellness culture. A pedagogy that re-evaluates the relational and communicative dimensions between professionals and patients. Know how to apply the knowledge learned to implement preventive measures to change the behavior of the individual and the community in order to reduce the risk of illness and promote proper lifestyles. Student must be capable to evaluate, as related to the main theoretical aspects, which tools to adopt with regard to the contest of reference. Student must be capable to express the acquired knowledge conforming his language to different contests Student must demonstrate his ability to go deeply into the different arguments of his studies through consultation of scientific papers and books present in the library.
<b>ASSESSMENT METHODS</b>	Oral examination: addressed to ascertain competence and knowledge provided with the course. The stimuli are suitably constructed, so that the student can independently process the answer and to reflect upon the theoretical and methodological study path undertaken.
<b>EDUCATIONAL OBJECTIVES</b>	Pedagogy of health has as main objective the development of competencies to be applied in a series of actions to maintain or resume health and to increase the capacity of individuals to adopt healthy life styles. Vote will be given in 30th eventually with honours.
<b>TEACHING METHODS</b>	Lessons and practice
<b>SUGGESTED BIBLIOGRAPHY</b>	Lopez A.G., Empowerment e pedagogia della salute, Progedit 2004 Sidoti E, Promuovere la salute nella comunita. FrancoAngeli 2010

### SYLLABUS

Hrs	Frontal teaching
2	Evolution in health thinking
3	From prevention to promotion of health
2	Biomedical and Biosocial model
3	Program interventions in health
3	Food risks and related education
3	Therapeutic patient education
1	Childhood obesity
2	Type I and II diabetes
Hrs	Practice
3	Plannning a health promotion intervention
3	Plannning in dietary education
3	Planning in obese and overweight cildren
2	Design peer education intervention