



UNIVERSITÀ DEGLI STUDI DI PALERMO

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| DEPARTMENT | Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione | | |
| ACADEMIC YEAR | 2017/2018 | | |
| MASTER'S DEGREE (MSC) | LIFELONG EDUCATION | | |
| SUBJECT | PHYSICAL EDUCATION PEDAGOGY - WORKSHOP | | |
| TYPE OF EDUCATIONAL ACTIVITY | F | | |
| AMBIT | 21338-Altre conoscenze utili per l'inserimento nel mondo del lavoro | | |
| CODE | 19241 | | |
| SCIENTIFIC SECTOR(S) | | | |
| HEAD PROFESSOR(S) | MIGNOSI ELENA | Professore Associato | Univ. di PALERMO |
| OTHER PROFESSOR(S) | | | |
| CREDITS | 6 | | |
| INDIVIDUAL STUDY (Hrs) | 120 | | |
| COURSE ACTIVITY (Hrs) | 30 | | |
| PROPAEDEUTICAL SUBJECTS | | | |
| MUTUALIZATION | | | |
| YEAR | 2 | | |
| TERM (SEMESTER) | 1° semester | | |
| ATTENDANCE | Not mandatory | | |
| EVALUATION | Pass/Fail | | |
| TEACHER OFFICE HOURS | MIGNOSI ELENA Tuesday 12:00 14:00 Edificio 15, viale delle Scienze. Piano 7, stanza 714 | | |

DOCENTE: Prof.ssa ELENA MIGNOSI

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| PREREQUISITES | No prerequisite is required |
| LEARNING OUTCOMES | <p>Knowledge and ability 'to understand</p> <p>Depth knowledge of the issues of the main theories and methods of education related to the body-expressive languages</p> <p>Capacity 'to hypothesize independently research paths using their own knowledge</p> <p>Capacity 'to apply knowledge and understanding</p> <p>Ability 'to apply their own knowledge and understanding skills' in dealing with new topics, in problem solving related to the field of training and capacity to implement a new research designed personally</p> <p>Independence of judgment</p> <p>Capacity 'reflexive and self-reflexive related to the ability' to make judgments based on the available information; ability 'to make connections between different perspectives in a critical way; capacity 'to face the complexity' and to identify responsibility 'and social and ethical implications related to the field of study and research.</p> <p>Communicative skills</p> <p>Capacity 'to be able to expose clearly their own knowledge and ideas, expliciting the theoretical premises and their own reflections both orally and in writing.</p> <p>Ability 'to use verbal and non-verbal channel in the act of communication. Ability to use different communication modes according to interlocutor.</p> <p>Learning ability</p> <p>Capacity to deepen independently disciplinary subjects, to conduct bibliographical investigation and to identify new and original paths; knowledge of their own learning strategies and of their own strengths and weaknesses. Meta-cognitive capacity</p> |
| ASSESSMENT METHODS | <p>exercises in small groups in itinere; submission of a written final report and of an individual PPT at the end of the course.</p> <p>Evaluation criteria: presence of personal contributions, congruence with the course topics, originality of the reflections from the experience , use of different languages, communicative efficacy of the PPT, Italian form</p> |
| EDUCATIONAL OBJECTIVES | <p>Knowledge of the main theories about the mind-body relationship in historical and epistemological perspective</p> <p>Knowledge of current perspectives of neuroscience on body-mind unity .</p> <p>Knowledge of the body language function in the learning process and in development .</p> <p>Knowledge of the emotional dimension in learning processes.</p> <p>Knowledge of dance movement therapy approach.</p> <p>Expansion of capacity to observe nonverbal dimension in communication and in expression processes.</p> <p>Development of body awareness on the expressive, communicative and relational level.</p> <p>Development of reflective and self-reflective capacity.</p> <p>Capacity to contact, recognize and process the emotions.</p> <p>Ability to consciously use the non-verbal channel with communicative and relational purposes.</p> <p>Capacity to work in groups.</p> <p>Expansion of capacity to use the imaginative dimension and the creative thinking.</p> <p>Capacity to design and evaluate an educational path centered on the body language</p> |
| TEACHING METHODS | The course will be mainly like a workshop where it will be possible learning by experience and by reflecting (individually and in group) |
| SUGGESTED BIBLIOGRAPHY | <p>E. Mignosi La Formazione dei formatori e la Danzamoviment- terapia, Edizioni della Fondazione Nazionale Vito Fazio- Allmayer, Palermo, 2008</p> <p>A. Naccari, a cura di, La mediazione corporea per un'educazione olistica, Guerini, Milano, 2012</p> |

SYLLABUS

| Hrs | Frontal teaching |
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| 3 | The body in the western world in a historical and epistemological perspective |
| 3 | The body-mind unity and the role of movement in development |
| 3 | The dance movement therapy perspective |
| Hrs | Practice |
| 3 | Body, movement and self awareness |
| 3 | The nonverbal dimension in educational contexts |
| 3 | Observation's techniques centered on non-verbal dimension |
| 3 | The assessment of motorie and expressive activities |

| Hrs | Workshops |
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| 3 | The group and the trainer's role in the body-expressive activities |
| 3 | The artistic and expressive dimension in the learning process |
| 3 | The design of the motorie and expressive activities |