



# UNIVERSITÀ DEGLI STUDI DI PALERMO

DEPARTMENT	Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione		
ACADEMIC YEAR	2016/2017		
MASTER'S DEGREE (MSC)	CLINICAL PSYCHOLOGY		
SUBJECT	CLINICAL CASE DISCUSSION - WORKSHOP		
TYPE OF EDUCATIONAL ACTIVITY	F		
AMBIT	21320-Altre conoscenze utili per l'inserimento nel mondo del lavoro		
CODE	17952		
SCIENTIFIC SECTOR(S)			
HEAD PROFESSOR(S)	GIORDANO CECILIA	Professore Associato	Univ. di PALERMO
	LO COCO GIANLUCA	Professore Ordinario	Univ. di PALERMO
	SMIRNI DANIELA	Professore Associato	Univ. di PALERMO
OTHER PROFESSOR(S)			
CREDITS	3		
INDIVIDUAL STUDY (Hrs)	55		
COURSE ACTIVITY (Hrs)	20		
PROPAEDEUTICAL SUBJECTS			
MUTUALIZATION			
YEAR	2		
TERM (SEMESTER)	1° semester		
ATTENDANCE	Not mandatory		
EVALUATION	Pass/Fail		
TEACHER OFFICE HOURS	<p><b>GIORDANO CECILIA</b>  Tuesday 09:30 11:30 Martedì dalle 09:30 alle 11:00 presso lo studio del docente (Viale delle Scienze, Ed. 15, VII piano, stanza 009); in relazione a situazioni specifiche, potrà essere utilizzata la piattaforma Microsoft Teams (codice del team: mv9h94r). Si prega di prenotare il ricevimento o di concordare un appuntamento in caso di indisponibilità nel giorno e orario indicato</p> <p><b>LO COCO GIANLUCA</b>  Monday 11:00 13:30 Nel corso dell'anno accademico 2021-2022 il Ricevimento studenti si svolgerà online tramite la piattaforma Teams al seguente link: <a href="https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88f6b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88f6b18b-984719f477b5">https://teams.microsoft.com/l/team/19%3ad9bc87418a0d4d329b670d706c310c6f%40thread.tacv2/conversations?groupId=4388b30d-89a2-4347-b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88f6b18b-984719f477b5&amp;tenantId=bf17c3fc-3ccd-4f1e-8546-88f6b18b-984719f477b5</a></p> <p>Thursday 11:00 12:00 Chi volesse svolgere il ricevimento in presenza, può farmi esplicita richiesta tramite e-mail indirizzata a <a href="mailto:Gianluca.lococo@unipa.it">Gianluca.lococo@unipa.it</a> per concordare l'orario disponibile il giovedì dalle 11 alle 12 presso l'edificio 15, 7 piano stanza 014.</p> <p><b>SMIRNI DANIELA</b>  Thursday 10:00 12:00 In presenza: stanza 12, piano 5, edificio 15 - A distanza: Codice Team zgy7c9n</p>		

<b>PREREQUISITES</b>	The students must have some basic knowledge in the field of clinical psychology and psychopathology, prior to attending the course. Specifically, students must demonstrate to have basic assumptions of theories and techniques of the psychotherapy session, the psychological assessment and the clinical diagnosis, and the main diagnostic systems. With reference to the psychopathology, the students must know the difference between a clinical disorder and a personality disorder, as well as the difference between signs and symptoms of psychological distress.
<b>LEARNING OUTCOMES</b>	<p><b>Knowledge and Understanding.</b> The student must achieve the following outcomes: achievement of a professional reasoning on a clinical case; the ability to perform an initial interpretation of the requests of the patients; knowledge of his/her own personal emotional reactions in relation to the history of the patient; knowledge of a professional way of listening to the emotions of the patient; knowledge of the institutional and organizational dynamics of the clinical centre where the patient is treated.</p> <p><b>Applying knowledge and understanding</b> The student must apply the knowledge learned in the course to real clinical cases, by the ability of understanding the patient's mental processes (especially those linked to his/her distress and suffering), his/her interpersonal and interpersonal dynamics, as well his/her dysfunctional behaviors.</p> <p><b>Making judgements</b> The student will develop the ability of a reliable assessment of clinical situations, by a professional judgement of the diagnosis of the patient, and the ability to recognize the personal and interpersonal dynamics involved in the management of the case.</p> <p><b>Communication</b> The student must communicate his thoughts and feelings with respect to the patient in a proper and professional way, by adopting a technical language, attuned to the clinical context and to the relations of the work team. The student must also be able to differentiate among the different communicational levels involved in the treatment of a patient.</p> <p><b>Lifelong learning skills</b> The student must achieve the professional competencies of the clinical psychologist. Specifically, the student will be able to understand the interpersonal and interpersonal dynamics of the patient, by the observation of the work of the group and the interaction with the teacher and the other group members.</p>
<b>ASSESSMENT METHODS</b>	The candidate will write a report of 4-5 pages, describing the process of the group sessions, the main achievements regarding clinical cases and the process of decision-making, his/her personal growth in terms of clinical experience. The report should also report the connections between the experience of the group and the contents covered by the suggested books.
<b>EDUCATIONAL OBJECTIVES</b>	Educational objectives of the course are: the achievement of a professional thinking about a clinical case, the ability of reliably assess the patient's characteristics, his/her personality traits, cognitions, and emotions. The ability to understand the interpersonal and interpersonal dynamics of the patients and their link to his/her psychological suffering. The ability to make a reliable diagnosis of the patient's illness, and project an effective intervention tailored to the patient's needs. Strengthen the emphatic listening to the patient's problems on the basis of the work of the group.
<b>TEACHING METHODS</b>	Students will attend the lessons in the context of median groups (max 25 participants). The aim of the group is to discuss a clinical case, which will be illustrated by the teacher or a student. In the first phase of the group session, the person who talks about the patient will describe his/her clinical characteristics, the assessment phase, the diagnosis and the development of the therapeutic process. In the second phase of the group, the teacher will facilitate the communication among the students on their impressions about the case and the therapeutic project. In each session, one student will serve as a reporter, and he/she will read his/her report on the group session at the beginning of the following session, focusing on the work of the group.
<b>SUGGESTED BIBLIOGRAPHY</b>	Barnhill J. W., DSM V. Casi clinici, Raffaello Cortina Editore, 2014. Casement P., Apprendere dal paziente, Raffaello Cortina Editore, 1989

### SYLLABUS

Hrs	Practice
4	Discussing the characteristics of a clinical case
4	Discussing the characteristics of a clinical case

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4	Discussing the characteristics of a clinical case
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<b>PREREQUISITES</b>	The students must have some basic knowledge in the field of clinical psychology and psychopathology, prior to attending the course. Specifically, students must demonstrate to have basic assumptions of theories and techniques of the psychotherapy session, the psychological assessment and the clinical diagnosis, and the main diagnostic systems. With reference to the psychopathology, the students must know the difference between a clinical disorder and a personality disorder, as well as the difference between signs and symptoms of psychological distress.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and Understanding. The student must achieve the following outcomes: achievement of a professional reasoning on a clinical case; the ability to perform an initial interpretation of the requests of the patients; knowledge of his/her own personal emotional reactions in relation to the history of the patient; knowledge of a professional way of listening to the emotions of the patient; knowledge of the institutional and organizational dynamics of the clinical centre where the patient is treated.</p> <p>Applying knowledge and understanding The student must apply the knowledge learned in the course to real clinical cases, by the ability of understanding the patient's mental processes (especially those linked to his/her distress and suffering), his/her interpersonal and interpersonal dynamics, as well his/her dysfunctional behaviors.</p> <p>Making judgements The student will develop the ability of a reliable assessment of clinical situations, by a professional judgement of the diagnosis of the patient, and the ability to recognize the personal and interpersonal dynamics involved in the management of the case.</p> <p>Communication The student must communicate his thoughts and feelings with respect to the patient in a proper and professional way, by adopting a technical language, attuned to the clinical context and to the relations of the work team. The student must also be able to differentiate among the different communicational levels involved in the treatment of a patient.</p> <p>Lifelong learning skills The student must achieve the professional competencies of the clinical psychologist. Specifically, the student will be able to understand the interpersonal and interpersonal dynamics of the patient, by the observation of the work of the group and the interaction with the teacher and the other group members.</p>
<b>ASSESSMENT METHODS</b>	The candidate will write a report of 4-5 pages, describing the process of the group sessions, the main achievements regarding clinical cases and the process of decision-making, his/her personal growth in terms of clinical experience. The report should also report the connections between the experience of the group and the contents covered by the suggested books.
<b>EDUCATIONAL OBJECTIVES</b>	Educational objectives of the course are: the achievement of a professional thinking about a clinical case, the ability of reliably assess the patient's characteristics, his/her personality traits, cognitions, and emotions. The ability to understand the interpersonal and interpersonal dynamics of the patients and their link to his/her psychological suffering. The ability to make a reliable diagnosis of the patient's illness, and project an effective intervention tailored to the patient's needs. Strengthen the emphatic listening to the patient's problems on the basis of the work of the group.
<b>TEACHING METHODS</b>	Students will attend the lessons in the context of median groups (max 25 participants). The aim of the group is to discuss a clinical case, which will be illustrated by the teacher or a student. In the first phase of the group session, the person who talks about the patient will describe his/her clinical characteristics, the assessment phase, the diagnosis and the development of the therapeutic process. In the second phase of the group, the teacher will facilitate the communication among the students on their impressions about the case and the therapeutic project. In each session, one student will serve as a reporter, and he/she will read his/her report on the group session at the beginning of the following session, focusing on the work of the group.
<b>SUGGESTED BIBLIOGRAPHY</b>	<p>Barnhill J. W., DSM V. Casi clinici, Raffaello Cortina Editore, 2014.</p> <p>Casement P., Apprendere dal paziente, Raffaello Cortina Editore, 1989</p>

## SYLLABUS

Hrs	Practice
20	Discussing the characteristics of a clinical case

<b>PREREQUISITES</b>	The students must have some basic knowledge in the field of clinical psychology and psychopathology, prior to attending the course. Specifically, students must demonstrate to have basic assumptions of theories and techniques of the psychotherapy session, the psychological assessment and the clinical diagnosis, and the main diagnostic systems. With reference to the psychopathology, the students must know the difference between a clinical disorder and a personality disorder, as well as the difference between signs and symptoms of psychological distress.
<b>LEARNING OUTCOMES</b>	<p>Knowledge and Understanding.</p> <p>The student must achieve the following outcomes: achievement of a professional reasoning on a clinical case; the ability to perform an initial interpretation of the requests of the patients; knowledge of his/her own personal emotional reactions in relation to the history of the patient; knowledge of a professional way of listening to the emotions of the patient; knowledge of the institutional and organizational dynamics of the clinical centre where the patient is treated.</p> <p>Applying knowledge and understanding</p> <p>The student must apply the knowledge learned in the course to real clinical cases, by the ability of understanding the patient's mental processes (especially those linked to his/her distress and suffering), his/her interpersonal and interpersonal dynamics, as well his/her dysfunctional behaviors.</p> <p>Making judgements</p> <p>The student will develop the ability of a reliable assessment of clinical situations, by a professional judgement of the diagnosis of the patient, and the ability to recognize the personal and interpersonal dynamics involved in the management of the case.</p> <p>Communication</p> <p>The student must communicate his thoughts and feelings with respect to the patient in a proper and professional way, by adopting a technical language, attuned to the clinical context and to the relations of the work team. The student must also be able to differentiate among the different communicational levels involved in the treatment of a patient.</p> <p>Lifelong learning skills</p> <p>The student must achieve the professional competencies of the clinical psychologist. Specifically, the student will be able to understand the interpersonal and interpersonal dynamics of the patient, by the observation of the work of the group and the interaction with the teacher and the other group members.</p>
<b>ASSESSMENT METHODS</b>	The candidate will write a report of 4-5 pages, describing the process of the group sessions, the main achievements regarding clinical cases and the process of decision-making, his/her personal growth in terms of clinical experience. The report should also report the connections between the experience of the group and the contents covered by the suggested books.
<b>EDUCATIONAL OBJECTIVES</b>	Educational objectives of the course are: the achievement of a professional thinking about a clinical case, the ability of reliably assess the patient's characteristics, his/her personality traits, cognitions, and emotions. The ability to understand the interpersonal and interpersonal dynamics of the patients and their link to his/her psychological suffering. The ability to make a reliable diagnosis of the patient's illness, and project an effective intervention tailored to the patient's needs. Strengthen the emphatic listening to the patient's problems on the basis of the work of the group.
<b>TEACHING METHODS</b>	Students will attend the lessons in the context of median groups (max 25 participants). The aim of the group is to discuss a clinical case, which will be illustrated by the teacher or a student. In the first phase of the group session, the person who talks about the patient will describe his/her clinical characteristics, the assessment phase, the diagnosis and the development of the therapeutic process. In the second phase of the group, the teacher will facilitate the communication among the students on their impressions about the case and the therapeutic project. In each session, one student will serve as a reporter, and he/she will read his/her report on the group session at the beginning of the following session, focusing on the work of the group.
<b>SUGGESTED BIBLIOGRAPHY</b>	Barnhill J. W., DSM V. Casi clinici, Raffaello Cortina Editore, 2014. Casement P., Apprendere dal paziente, Raffaello Cortina Editore, 1989

## SYLLABUS

Hrs	Workshops
4	Discussing the characteristics of a clinical case
4	Discussing the characteristics of a clinical case
4	Discussing the characteristics of a clinical case
4	Discussing the characteristics of a clinical case
4	Discussing the characteristics of a clinical case

<b>PREREQUISITES</b>	The students must have some basic prior knowledge in the field of clinical psychology and psychopathology, before commencing the course. Specifically, students must demonstrate basic assumptions of theories and techniques of psychotherapy sessions, psychological assessment, clinical diagnosis, and the main diagnostic systems. With reference to the psychopathology, the students must understand the difference between a clinical disorder and a personality disorder.
<b>LEARNING OUTCOMES</b>	<p><b>Knowledge and Understanding</b> The student must achieve the following outcomes: achievement of a professional reasoning on a clinical case; the ability to perform an initial formulation of the requests of the patients; knowledge of his/her own personal emotional reactions in relation to the history of the patient; gain knowledge of listening to the emotions of the patient in a professional manner; knowledge of the institutional and organizational dynamics of the clinical centre where the patient is treated.</p> <p><b>Applying knowledge and understanding</b> The student must apply the knowledge acquired in the course to real clinical cases, with the ability to understand the patient's mental processes (especially those linked to their distress and suffering), personal and interpersonal dynamics, as well as dysfunctional behaviors.</p> <p><b>Making judgements</b> The student will develop the ability to conduct a reliable assessment of clinical situations, apply a professional judgement of the diagnosis of the patient, and the ability to recognize the personal and interpersonal dynamics involved in the management of the case.</p> <p><b>Communication</b> The student must communicate his thoughts and feelings with respect to the patient in a correct and professional manner, by adopting technical language, attuned to the clinical context and the relations of the work team. The student must also be able to differentiate among the varied communicational levels involved in the treatment of a patient.</p> <p><b>Lifelong learning skills</b> The student must achieve the professional competencies of the Clinical Psychologist. Specifically, the student will be able to understand the personal and interpersonal dynamics of the patient, by the observation of the work within group sessions and the interaction with the teacher and the other group members.</p>
<b>ASSESSMENT METHODS</b>	The candidate will write a report of 4-5 pages, describing the process of the group sessions, the main achievements regarding clinical cases, the process of decision-making, and their personal growth in terms of clinical experience. The report should also incorporate the association between the experiences encountered in the group and the contents covered by the recommended reading.
<b>EDUCATIONAL OBJECTIVES</b>	Educational objectives of the course are: to achieve professional thinking regarding the management of clinical cases, the ability to reliably assess the patient's characteristics, his/her personality traits, cognitions, and emotions. The ability to understand the personal and interpersonal dynamics of the patients and their link to their psychological suffering. The ability to make a reliable diagnosis of the patient's illness, and implement an effective intervention tailored to the patient's needs. The ability to emphatically listen to the patient's problems on the basis of the group work.
<b>TEACHING METHODS</b>	Students will attend the lessons in the context of an average group size (max 25 students). (max 25 participants). The aim of the group is to discuss a clinical case, which will be outlined by the teacher or a student. In the first phase of the group session, the person who discusses the patient will describe his/her clinical characteristics, the assessment phase, the diagnosis and the development of the therapeutic process. In the second phase of the group, the teacher will facilitate the communication amongst the students regarding their impressions about the case and the therapeutic process. In each session, one student will lead as a reporter, and will disseminate the report at the beginning of the session which will then be the focus of the group.
<b>SUGGESTED BIBLIOGRAPHY</b>	<p>Barnhill John W., Casi clinici, Raffaello Cortina Editore, 2014</p> <p>Lettura consigliata Casement P., Apprendere dal paziente, Raffaello Cortina Editore, 1989</p>

## SYLLABUS

Hrs	Practice
34	clinical cases discussions