

## UNIVERSITÀ DEGLI STUDI DI PALERMO

| DEPARTMENT                   | Scienze Psicologiche, Pedagogiche, dell'Esercizio Fisico e della Formazione  |
|------------------------------|--|
| ACADEMIC YEAR                | 2016/2017  |
| MASTER'S DEGREE (MSC)        | CLINICAL PSYCHOLOGY  |
| SUBJECT                      | THEORY AND TECHNIQUE OF CLINICAL INTERVENTION WITH FAMILIES  |
| TYPE OF EDUCATIONAL ACTIVITY | D  |
| AMBIT                        | 20670-A scelta dello studente  |
| CODE                         | 13233  |
| SCIENTIFIC SECTOR(S)         | M-PSI/07   |
| HEAD PROFESSOR(S)            | SALERNO Professore Associato Univ. di PALERMO ALESSANDRA   |
| OTHER PROFESSOR(S)           |  |
| CREDITS                      | 6  |
| INDIVIDUAL STUDY (Hrs)       | 110  |
| COURSE ACTIVITY (Hrs)        | 40   |
| PROPAEDEUTICAL SUBJECTS      |  |
| MUTUALIZATION                |  |
| YEAR                         | 2  |
| TERM (SEMESTER)              | 2° semester  |
| ATTENDANCE                   | Not mandatory  |
| EVALUATION                   | Out of 30  |
| TEACHER OFFICE HOURS         | SALERNO ALESSANDRA   |
|                              | Wednesda: 09:00 10:00 Edificio 15, stanza 009, sesto piano. E' necessario prenotarsi e comunicarlo alla prof. Salerno attraverso l'email alessandra.salerno@unipa.it |

## DOCENTE: Prof.ssa ALESSANDRA SALERNO

| DOCENTE: Prof.ssa ALESSANDRA SALER<br>PREREQUISITES | In order to understand the content and the learning objectives of the course, the  |
|---|--|
|   | student must possess knowledge in the field of family psychodynamic.   |
| LEARNING OUTCOMES                                   | Knowledge and understanding Knowledge of main theories and techniques of clinical intervention with families. Ability to identify the most suitable areas of application for the different types of intervention.  |
|   | Applying knowledge and understanding Ability to outline with autonomy a possible context of intervention with the family, identifying the reference theoretical model, clinical tools and the suitable measures for the evaluation and observation, in reference to the family life cycle and the relative critical event.   |
|   | Making judgements Ability to work independently, with a critical and aware approach, demonstrating to know how to integrate different approach to the clinical study of family with critical and independent thought.  |
|   | Communication Acquisition of skills' description and synthesis and use of an appropriate psychological lexicon.  |
|   | Lifelong learning skills Ability to understand the normative and non-normative family dynamics; ability to identify family contexts of risk and resilience factors; achieving an expertise in scientific literature consultation in the field of family psychodynamics, with particular reference to family dynamics evaluation and observation methodologies.   |
| ASSESSMENT METHODS                                  | Learning will be assessed by an oral exam which will consist of an interview that is to ascertain the possession of skills and subject knowledge provided by the course. The candidate will have to answer at least three questions posed orally, on all parties covered by the program, with reference to the recommended texts. Final assessment aims to evaluate whether the student has knowledge and understanding of the topics. The pass mark will be reached when the student shows knowledge and understanding of the subjects at least in general terms; he/she will also have presentation and argumentative skills as to allow the transmission of his/her knowledge to the examiner. Below this threshold, the examination will be insufficient. The more, however, the student will be able to find own connections between the topics of the course and be able to go into detail on the subject of discipline, the more the assessment is positive. The assessment is carried out of thirty. |
| EDUCATIONAL OBJECTIVES                              | Main objective of the course is the study of methods and observation techniques of family contexts, with particular attention to families who need for clinical intervention. It will be deepened the various systemic-relational theories and research tools for new family typologies.   |
| TEACHING METHODS                                    | Lessons accompanied by slides downloadable from the site.  Experiential seminars related to different fields (for example, methodology of clinical intervention with families, observation techniques, family system therapy).   |
| SUGGESTED BIBLIOGRAPHY                              | Testi obbligatori: Andolfi M. (2015). La terapia familiare multigenerazionale. Strumenti e risorse del terapeuta. Raffaello Cortina, Milano. Codispoti O., Bastianoni P, Taurino A. (2008). Dinamiche relazionali e interventi clinici. Carocci, Roma. Un testo a scelta tra i seguenti: Walsh, F. (2008). La resilienza familiare. Raffaello Cortina, Milano. Bertrando P., Toffanetti D. (2000). Storia della terapia familiare. Raffaello Cortina, Milano. Salerno A. (2010). Vivere insieme. Tendenze e trasformazioni della coppia moderna, il Mulino, Bologna. Minuchin S. (1977). Famiglie e terapia della famiglia. Astrolabio, Roma. Granatella V. (2011). Reciproci sguardi. FrancoAngeli, Milano. Andolfi M., Mascellani A. (2010). Storie di adolescenza. Esperienze di terapia familiare. Raffaello Cortina, Milano Garro M., Salerno A. (2014), Oltre il legame. Genitori e figli nei nuovi scenari familiari. FrancoAngeli, Milano.   |
|   | Salerno A., Giuliano, S. (2012), La violenza indicibile. L'aggressivita' femminile nelle relazioni interpersonali, FrancoAngeli, Milano  |

## **SYLLABUS**

| Hrs | Frontal teaching  |  |
|-----|---|--|
| 1   | Introduction of the main topics of the course                   |  |
| 2   | The family life cycle. Critical events and developmental tasks. |  |

## **SYLLABUS**

| Hrs | Frontal teaching   |
|-----|--|
| 3   | The systemic-relational theory. Subsystems and boundaries.   |
| 2   | Techniques and methods of clinical intervention with family  |
| 3   | S. Minchin's structural structural family theory. M. Andolfi's transgenerational approach. V. Cigoli's relational-symbolic paradigm. |
| 3   | Marital conflict and its effects on children.  |
| 3   | Clinical intervention on separated family: the divorce mediation   |
| 3   | Family violence. Intimate Partner Violence and Children exposed to parental violence.  |
| 2   | Homoparenting. Development and social relationships in children of same sex couples.   |
| 2   | Family functioning dimensions: adaptability, flexibility and communication.  |
| 2   | The evaluation of parents-child relations: self-report, graphic projective techniques, evaluation scales, questionnaires.            |
| 2   | The adoptive family. Couple evaluation, matching, post-adoption phase.   |
| 2   | Pregnancy in adolescence. Dynamic of a double transition.  |
| 3   | Couple psycho-therapy. The demand analysis and the intervention areas.   |
| 3   | Children involving in family therapy.  |
| Hrs | Practice   |
| 4   | Systemic-relational therapy technicques: genogram and family sculpture.  |